
Nutrition Facts
SAS
Food
EMPANADAS DE POLLO
CHICKEN PATTIES
Empanadas de Pollo
REFRIGERATED
KEEP
HANDL
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• Use onl
Use cl
140°F


Nutrition Facts
Serving Size 1 empanada (80g)
Serving Per Container 50
Amount Per Serving
Calories 130 Calories from Fat 40
%Daily Value*
Total Fat 4.5g 7%
Saturated Fat 1g 5%
Trans Fat 0g
Cholesterol 5mg 2%
Sodium 340mg 14%
Total Carbohydrate 18g 6%
Dietary Fiber 3g 12%
Sugars 3g
Protein 5g
Vitamin A 0% • Vitamin C 2%
Calcium 0% • Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:
Calories: 2000 2500
Total Fat Less than 65g 80g
Saturated Fat Less than 20g 25g
Cholesterol Less than 300mg 300mg
Sodium Less than 2,400mg 2,400mg
Total Carbohydrate 300g 375g
Dietary Fiber 25g 30g
Distributed By: SAS FOODS
2809 Old Higgins Road
Elk Grove Village, Chicago IL 60007
8 58721 00502 2
SAS Food
INSPECTED U.S. DEPARTMENT OF AGRICULTURE P-38548
EMPANADAS DE POLLO
CHICKEN PATTIES
Keep Frozen • Cook Thoroughly
Filling: Potatoes (potatoes, palm oil, dextrosa, sodium acid pyrophosphate, to promote color) Chicken breasts, corn [illegible] (Dehydrate vegetables: garlic, onion, salt, monosodium glutamate, spices, herbs and tricalcium phosphate) (to prevent caking) chicken flavor (salt, maltodextrin(from corn), sugar, destroxe, cornstarch, hydrogenated soybean and/or cottonseed oil, onion powder, rendered chicken fact, natural flavoring, monosodium inosinate and disodium guanylate) [illegible] pepper, cumin, salt, yellow [illegible] low corn flour, FD&C yellow [illegible], extractives of annatto. FD&C red #40
Dough: Water, yellow corn, yellow corn meal,soybean oil, tapioca starch, salt
Cooking Instructions: Deep fry minimum at 350 degrees for approximately 6 to 7 minutes to a minimum internal temperature 165° is reached.

Nutrition Facts

Serving Size 1 empanada (80g)
Serving Per Container 50

Amount Per Serving	
Calories 130	Calories from Fat 40
	%Daily Value*
Total Fat 4.5g	**7%**
Saturated Fat 1g	**6%**
Trans Fat 0g	
Cholesterol 5mg	**1%**
Sodium 330mg	**14%**
Total Carbohydrate 18g	**6%**
Dietary Fiber 3g	**13%**
Sugars 3g	
Protein 3g	

Vitamin A 0% • Vitamin C 2%
Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2000	2500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

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EMPANADAS DE CARNE
BEEF PATTIES

Keep Frozen • Cook Thoroughly

Filling: Potatoes (potatoes, palm oil, dextrose, sodium acid pyrophosphate, to promote color retention) beef, complete seasoning, (Dehydrate vegetables, garlic, onion, salt, monosodium glutamate, spices, herbs and tricalcium phosphate) (to prevent caking) black pepper, cumin, salt, yellow color,(yellow corn flour, FD&C yellow #5, spices, extractives of annatto, FD&C red #40.

Dough: Water, yellow corn, yellow corn meal, soybean oil, tapioca starch, salt.

Cooking Instructions: Deep fry minimum at 350 degrees for approximately 6 to 7 minutes to a minimum internal temperature 165° is reached.

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U.S.
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EST. 38548
herbs and tricalcium
prevent caking) black
salt, yellow color, (yellow
FD&C yellow #5, spices,
annatto, FD&C red #40.
Dough: Water, yellow corn
corn meal, soybean oil,
salt.
Cooking Instructions: Deep
minimum at 350 degrees
approximately 6 to 7 minutes
minimum internal temperature
is reached.
Distributed By: SAS FOODS
2809 Old Higgins Road


KEEP REFRIGERATED
SAFE HANDLING INSTRUCTIONS:
TO PREVENT ILLNESS FROM BACTERIA: KEEP EGGS
REFRIGERATED, COOK EGGS UNTIL YOLKS ARE FIRM,
AND COOK FOODS CONTAINING EGGS THOROUGHLY.
U.S.
DETAINED
TOP
THIS SIDE UP


SAS FOODS ENTERPRISE INC.
LATIN AMERICAN FOOD IMPORT & DISTRIBUTOR
TEL: 201-921-7497 CHICAGO, IL
E-MAIL: sasfoodinc@hotmail.com


DO NOT PURCHASE IF RIMGE IS TORN
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