HanSang

신선한 재료로 씹히는 맛이 다른

고자만두

GYOZA/QUENELLES GYOZA

PORK & VEGETABLE
PORC ET LEGUMES

Fully Cooked/
Entièrement cuit

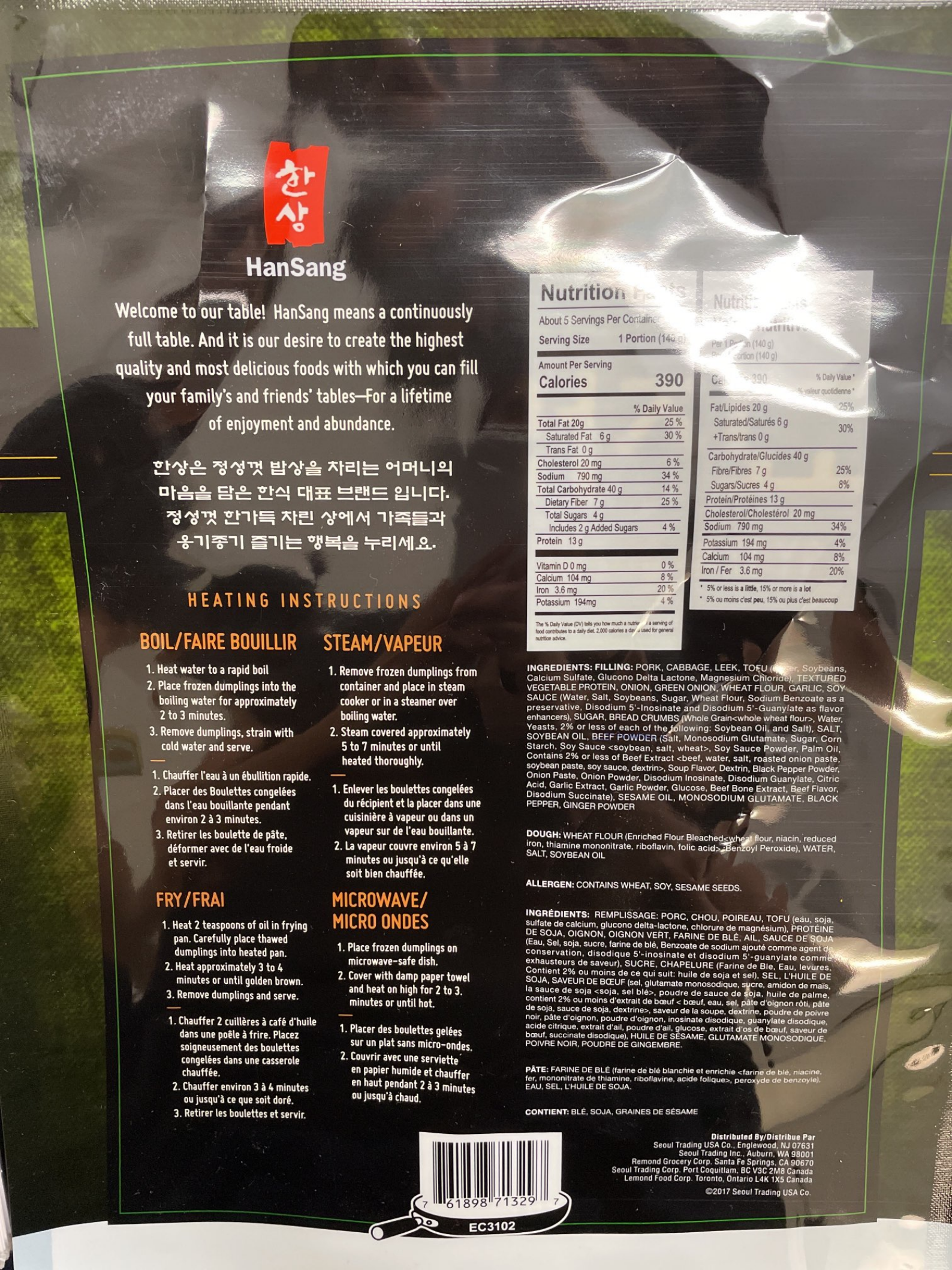
Product of USA/
PRODUIT DES É-UA

Serving Suggestion/
Présentation suggèrée

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE EST.45556

NET WT. 680 g (1.5 LB)

KEEP FROZEN/GARDER CONGELÈ



한상

HanSang

Welcome to our table! HanSang means a continuously full table. And it is our desire to create the highest quality and most delicious foods with which you can fill your family's and friends' tables—For a lifetime of enjoyment and abundance.

한상은 정성껏 밥상을 차리는 어머니의
마음을 담은 한식 대표 브랜드 입니다.
정성껏 한가득 차린 상에서 가족들과
웅기종기 즐기는 행복을 누리세요.

HEATING INSTRUCTIONS

BOIL/FAIRE BOUILLIR

1. Heat water to a rapid boil
2. Place frozen dumplings into the boiling water for approximately 2 to 3 minutes.
3. Remove dumplings, strain with cold water and serve.

—

1. Chauffer l'eau à un ébullition rapide.
2. Placer des Boulettes congelées dans l'eau bouillante pendant environ 2 à 3 minutes.
3. Retirer les boulette de pâte, déformer avec de l'eau froide et servir.

STEAM/VAPEUR

1. Remove frozen dumplings from container and place in steam cooker or in a steamer over boiling water.
2. Steam covered approximately 5 to 7 minutes or until heated thoroughly.

—

1. Enlever les boulettes congelées du récipient et la placer dans une cuisinière à vapeur ou dans un vapeur sur de l'eau bouillante.
2. La vapeur couvre environ 5 à 7 minutes ou jusqu'à ce qu'elle soit bien chauffée.

FRY/FRAI

1. Heat 2 teaspoons of oil in frying pan. Carefully place thawed dumplings into heated pan.
2. Heat approximately 3 to 4 minutes or until golden brown.
3. Remove dumplings and serve.

—

1. Chauffer 2 cuillères à café d'huile dans une poêle à frire. Placez soigneusement des boulettes congelées dans une casserole chauffée.
2. Chauffer environ 3 à 4 minutes ou jusqu'à ce que soit doré.
3. Retirer les boulettes et servir.

MICROWAVE/ MICRO ONDES

1. Place frozen dumplings on microwave-safe dish.
2. Cover with damp paper towel and heat on high for 2 to 3. minutes or until hot.

—

1. Placer des boulettes gelées sur un plat sans micro-ondes.
2. Couvrir avec une serviette en papier humide et chauffer en haut pendant 2 à 3 minutes ou jusqu'à chaud.

Nutrition Facts

About 5 Servings Per Container
Serving Size 1 Portion (140 g)

Amount Per Serving
Calories 390

	% Daily Value
Total Fat 20g	25 %
Saturated Fat 6 g	30 %
Trans Fat 0 g	
Cholesterol 20 mg	6 %
Sodium 790 mg	34 %
Total Carbohydrate 40 g	14 %
Dietary Fiber 7 g	25 %
Total Sugars 4 g	
Includes 2 g Added Sugars	4 %
Protein 13 g	
Vitamin D 0 mg	0 %
Calcium 104 mg	8 %
Iron 3.6 mg	20 %
Potassium 194mg	4 %

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Per 1 Portion (140 g)
Par portion (140 g)

	% Daily Value * / % valeur quotidienne *
Fat/Lipides 20 g	25%
Saturated/Saturés 6 g +Trans/trans 0 g	30%
Carbohydrate/Glucides 40 g	
Fibre/Fibres 7 g	25%
Sugars/Sucres 4 g	8%
Protein/Protéines 13 g	
Cholesterol/Cholestérol 20 mg	
Sodium 790 mg	34%
Potassium 194 mg	4%
Calcium 104 mg	8%
Iron / Fer 3.6 mg	20%

* 5% or less is a little, 15% or more is a lot
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup

INGREDIENTS: FILLING: PORK, CABBAGE, LEEK, TOFU (Water, Soybeans, Calcium Sulfate, Glucono Delta Lactone, Magnesium Chloride), TEXTURED VEGETABLE PROTEIN, ONION, GREEN ONION, WHEAT FLOUR, GARLIC, SOY SAUCE (Water, Salt, Soybeans, Sugar, Wheat Flour, Sodium Benzoate as a preservative, Disodium 5'-Inosinate and Disodium 5'-Guanylate as flavor enhancers), SUGAR, BREAD CRUMBS (Whole Grain<whole wheat flour>, Water, Yeasts, 2% or less of each of the following: Soybean Oil, and Salt), SALT, SOYBEAN OIL, BEEF POWDER (Salt, Monosodium Glutamate, Sugar, Corn Starch, Soy Sauce <soybean, salt, wheat>, Soy Sauce Powder, Palm Oil, Contains 2% or less of Beef Extract <beef, water, salt, roasted onion paste, soybean paste, soy sauce, dextrin>, Soup Flavor, Dextrin, Black Pepper Powder, Onion Paste, Onion Powder, Disodium Inosinate, Disodium Guanylate, Citric Acid, Garlic Extract, Garlic Powder, Glucose, Beef Bone Extract, Beef Flavor, Disodium Succinate), SESAME OIL, MONOSODIUM GLUTAMATE, BLACK PEPPER, GINGER POWDER

DOUGH: WHEAT FLOUR (Enriched Flour Bleached<wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid>,Benzoyl Peroxide), WATER, SALT, SOYBEAN OIL

ALLERGEN: CONTAINS WHEAT, SOY, SESAME SEEDS.

INGRÉDIENTS: REMPLISSAGE: PORC, CHOU, POIREAU, TOFU (eau, soja, sulfate de calcium, glucono delta-lactone, chlorure de magnésium), PROTÉINE DE SOJA, OIGNON, OIGNON VERT, FARINE DE BLÉ, AIL, SAUCE DE SOJA (Eau, Sel, soja, sucre, farine de blé, Benzoate de sodium ajouté comme agent de conservation, disodique 5'-inosinate et disodium 5'-guanylate comme exhausteurs de saveur), SUCRE, CHAPELURE (Farine de Ble, Eau, levures, Contient 2% ou moins de ce qui suit: huile de soja et sel), SEL, L'HUILE DE SOJA, SAVEUR DE BŒUF (sel, glutamate monosodique, sucre, amidon de mais, la sauce de soja <soja, sel blé>, poudre de sauce de soja, huile de palme, contient 2% ou moins d'extrait de bœuf < bœuf, eau, sel, pâte d'oignon rôti, pâte de soja, sauce de soja, dextrine>, saveur de la soupe, dextrine, poudre de poivre noir, pâte d'oignon, poudre d'oignon, inosinate disodique, guanylate disodique, acide citrique, extrait d'ail, poudre d'ail, glucose, extrait d'os de bœuf, saveur de bœuf, succinate disodique), HUILE DE SÉSAME, GLUTAMATE MONOSODIQUE, POIVRE NOIR, POUDRE DE GINGEMBRE.

PÂTE: FARINE DE BLÉ (farine de blé blanchie et enrichie <farine de blé, niacine, fer, mononitrate de thiamine, riboflavine, acide folique>, peroxyde de benzoyle). EAU, SEL, L'HUILE DE SOJA.

CONTIENT: BLÉ, SOJA, GRAINES DE SÉSAME

Distributed By/Distribue Par
Seoul Trading USA Co., Englewood, NJ 07631
Seoul Trading Inc., Auburn, WA 98001
Remond Grocery Corp. Santa Fe Springs, CA 90670
Seoul Trading Corp. Port Coquitlam, BC V3C 2M8 Canada
Lemond Food Corp. Toronto, Ontario L4K 1X5 Canada

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EC3102

HanSang

신선한 재료로 씹히는 맛이 다른

부추 물만두

BITE-SIZE DUMPLINGS/BOULETTES

PORK & VEGETABLE
PORC ET LEGUMES

Fully Cooked/
Entièrement cuit

Product of USA/
PRODUIT DES É-UA

Serving Suggestion/
Présentation suggérée

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NET WT. 680 g (1.5 LB)

KEEP FROZEN/GARDER CONGELÈ

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HEATING INSTRUCTIONS

BOIL/FAIRE BOUILLIR

1. Heat water to a rapid boil.
2. Place frozen dumplings into the boiling water for approximately 1 to 2 minutes
3. Remove dumplings, strain with cold water and serve.

—

1. Chauffer l'eau à un ébullition rapide.
2. Placer des Boulettes congelées dans l'eau bouillante pendant environ 2 à 3 minutes.
3. Retirer les boulette de pâte, déformer avec de l'eau froide et servir.

FRY/FRAI

1. Heat 2 teaspoons of oil in frying pan. Carefully place thawed dumplings into heated pan.
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—

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2. Chauffer environ 3 à 4 minutes ou jusqu'à ce que soit doré
3. Retirer les boulettes et servir.

MICROWAVE/MICRO ONDES

1. Place frozen dumplings on microwave-safe dish.
2. Cover with damp paper towel and heat on high for 2 to 3 minutes or until hot.

—

1. Placer des boulettes gelées sur un plat sans micro-ondes.
2. Couvrir avec une serviette en papier humide et chauffer en haut pendant 1 à 2 minutes ou jusqu'à chaud.

Nutrition Facts

Serving [illegible] 1 Portion (140 g)
Servings Per [illegible] tainer about 5

Amount Per Serving	
Calories 410	**Calories From Fat** 270
	% Daily Value*
Total Fat 30 g	**46 %**
Saturated Fat 9 g	**45 %**
Trans Fat 0 g	
Cholesterol 30 mg	**10 %**
Sodium 770 mg	**32 %**
Total Carbohydrate 28 g	**9 %**
Dietary Fiber 5 g	**20 %**
Sugars 4 g	
Protein 11 g	
Vitamin A 15 % •	Vitamin C 20 %
Calcium 4 % •	Iron 15 %

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Nutrition Facts
Valeur nutritive
Per 140 g / par 140 g

Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 410	
Fat / Lipides 30 g	**46 %**
Saturated / saturés 9 g + Trans / trans 0 g	**45 %**
Cholesterol / Cholestérol 30 mg	
Sodium / Sodium 770 mg	**32 %**
Carbohydrate / Glucides 28 g	**9 %**
Fiber / Fibres 5 g	**20 %**
Sugars / Sucres 4 g	
Protein/ Protéines 11 g	
Vitamin A / Vitamine A	15 %
Vitamin C / Vitamine C	20 %
Calcium / Calcium	4 %
Iron / Fer	15 %

INGREDIENTS: FILLING: PORK, NAPA CABBAGE (Napa Cabbage, Salt, Water), LEEK, GREEN ONION, CABBAGE, TEXTURED VEGETABLE PROTEIN, GARLIC, BEEF POWDER (Salt, Monosodium Glutamate, Sugar, Corn Starch, Soy Sauce <soybean, salt, wheat>, Soy Sauce Powder, Palm Oil, Contains 2% or less of Beef Extract <beef, water, salt, roasted onion paste, soybean paste, soy sauce, dextrin>, Soup Flavor, Dextrin, Black Pepper Powder, Onion Paste, Onion Powder, Disodium Inosinate, Disodium Guanylate, Citric Acid, Garlic Extract, Garlic Powder, Glucose, Beef Bone Extract, Beef Flavor, Disodium Succinate), SESAME OIL, SUGAR, WHEAT FLOUR, SALT, SOY SAUCE (Water, Salt, Soybeans, Sugar, Wheat Flour, Sodium Benzoate as a preservative, Disodium 5'-Inosinate and Disodium 5'-Guanylate as flavor enhancers), BLACK PEPPER, GINGER POWDER, MONOSODIUM GLUTAMATE.

DOUGH: WHEAT FLOUR (Enriched Flour Bleached<wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid>, Benzoyl Peroxide), WATER, SALT, SOYBEAN OIL

ALLERGEN: CONTAINS WHEAT, SOY, SESAME SEEDS.

INGRÉDIENTS: REMPLISSAGE: PORC, CHOU NAPA (CHOU NAPA, SEL, EAU), POIREAU, OIGNON VERT, CHOU, PROTÉINE DE SOJA, AIL,SAVEUR DE BŒUF (sel, glutamate monosodique, sucre, amidon de maïs, la sauce de soja <soja, sel blé>, poudre de sauce de soja, huile de palme, contient 2% ou moins d'extrait de bœuf < bœuf, eau, sel, pâte d'oignon rôti, pâte de soja, sauce de soja, dextrine>, saveur de la soupe, dextrine, poudre de poivre noir, pâte d'oignon, poudre d'oignon, inosinate disodique, guanylate disodique, acide citrique, extrait d'ail, poudre d'ail, glucose, extrait d'os de bœuf, saveur de bœuf, succinate disodique), HUILE DE SESAME, SUCRE, FARINE DE BLÉ, SEL, SAUCE DE SOJA (Eau, Sel, soja, sucre, farine de blé, Benzoate de sodium ajouté comme agent de conservation, disodique 5'-inosinate et disodium 5'-guanylate comme exhausteurs de saveur), POIVRE NOIR, POUDRE DE GINGEMBRE, GLUTAMATE MONOSODIQUE.

PÂTE: FARINE DE BLÉ (farine de blé blanchie et enrichie <farine de blé, niacine, fer, mononitrate de thiamine, riboflavine, acide folique>, peroxyde de benzoyle), EAU, SEL, L'HUILE DE SOJA.

CONTIENT: BLÉ, SOJA, GRAINES DE SÉSAME

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Seoul Trading USA Co., Englewood, NJ 07631
Seoul Trading Inc., Auburn, WA 98001
Remond Grocery Corp. Santa Fe Springs, CA 90670
Seoul Trading Corp. Port Coquitlam, BC V3C 2M8 Canada
Lemond Food Corp. Toronto, Ontario L4K 1X5 Canada

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EC3120

HanSang

신선한 재료로 씹히는 맛이 다른

군만두

CRISPY DUMPLINGS/BOULETTES CROQUANTES

PORK & VEGETABLE
PORC ET LEGUMES

Fully Cooked/
Entièrement cuit

Product of USA/
PRODUIT DES É-UA

Serving Suggestion/
Présentation suggèrée

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NET WT. 680 g (1.5 LB)

KEEP FROZEN/GARDER CONGELÈ

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웅기종기 즐기는 행복을 누리세요.

HEATING INSTRUCTIONS

FRY/FRAI

1. Heat 2 teaspoons of oil in frying pan. Carefully place thawed dumplings into heated pan.
2. Heat approximately 3 to 4 minutes or until golden brown.
3. Remove dumplings and serve.

—

1. Chauffer 2 cuillères à café d'huile dans une poêle à frire. Placez soigneusement des boulettes congelées dans une casserole chauffée.
2. Chauffer environ 3 à 4 minutes ou jusqu'à ce que soit doré.
3. Retirer les boulettes et servir.

MICROWAVE/MICRO ONDES

1. Place frozen dumplings on microwave-safe dish.
2. Cover with damp paper towel and heat on high for 2 to 3 minutes or until hot.

—

1. Placer des boulettes gelées sur un plat sans micro-ondes.
2. Couvrir avec une serviette en papier humide et chauffer en haut pendant 1 à 2 minutes ou jusqu'à chaud.

Nutrition F
Serving Size 4 p
Servings Per Co

	um Fat 70
	% Daily Value*
	12%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 470mg	20%
Total Carbohydrate 44g	15%
Dietary Fiber 2g	8%
Sugars 2g	
Protein 7g	
Calcium 4%	Iron 10%

*Percents of a Daily Value (DV) are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300g	300g
Sodium	Less than	2,400g	2,400g
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Nutrition Facts
utritive
/ par 116 g

Amount / Tenuer	% Daily Value / % valeur quolidienne
Calories / Calories 270	
Fat / Lipides 8 g	12 %
Saturated / saturés 2.5 g + Trans / trans 0 g	13 %
Cholesterol / Cholestérol 15 mg	
Sodium / Sodium 470 mg	20 %
Carbohydrate / Glucides 44 g	15 %
Fiber / Fibres 2 g	8 %
Sugars / Sucres 2 g	
Protein/ Protéines 7 g	
Vitamin A / Vitamine A	6 %
Vitamin C / Vitamine C	8 %
Calcium / Calcium	4 %
Iron / Fer	10 %

INGREDIENTS: FILLING: PORK, LEEK, VERMICELLI (Sweet Potato Powder, Water), TOFU (Water, Soybeans, Calcium Sulfate, Glucono Delta Lactone, Magnesium Chloride), ONION, GREEN ONION, CABBAGE, SUGAR, GARLIC, TEXTURED VEGETABLE PROTEIN, BREAD CRUMBS (Whole Grain<whole wheat flour>, Water, Yeasts, 2% or less of each of the following: Soybean Oil, and Salt), SOY SAUCE (Water, Salt, Soybeans, Sugar, Wheat Flour, Sodium Benzoate as a preservative, Disodium 5'-Inosinate and Disodium 5'-Guanylate as flavor enhancers), SALT, GINGER POWDER, BEEF POWDER (Salt, Monosodium Glutamate, Sugar, Corn Starch, Soy Sauce <soybean, salt, wheat>, Soy Sauce Powder, Palm Oil, Contains 2% or less of Beef Extract <beef, water, salt, roasted onion paste, soybean paste, soy sauce, dextrin>, Soup Flavor, Dextrin, Black Pepper Powder, Onion Paste, Onion Powder, Disodium Inosinate, Disodium Guanylate, Citric Acid, Garlic Extract, Garlic Powder, Glucose, Beef Bone Extract, Beef Flavor, Disodium Succinate), SESAME OIL, SOYBEAN OIL, MONOSODIUM GLUTAMATE, BLACK PEPPER, DISODIUM INOSINATE + DISODIUM GUANYLATE.

DOUGH: WHEAT FLOUR (Enriched Flour Bleached<wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid>, Benzoyl Peroxide), WATER, CORN STARCH, SALT, SOYBEAN OIL.

ALLERGEN: CONTAINS WHEAT, SOY, SESAME SEEDS.

INGRÉDIENTS: REMPLISSAGE: PORC, POIREAU, VERMICELLE (patate douce en poundre, eau), TOFU (eau, soja, sulfate de calcium, glucono delta-lactone, chlorure de magnésium), OIGNON, OIGNON VERT, CHOU, SUCRE, AIL, PROTÉINE DE SOJA, CHAPELURE (Farine de Ble, Eau, levures, Contient 2% ou moins de ce qui suit: huile de soja et sel), SAUCE DE SOJA (Eau, Sel, soja, sucre, farine de blé, Benzoate de sodium ajouté comme agent de conservation, disodique 5'-inosinate et disodium 5'-guanylate comme exhausteurs de saveur), SEL, POUDRE DE GINGEMBRE, SAVEUR DE BŒUF (sel, glutamate monosodique, sucre, amidon de maïs, la sauce de soja <soja, sel blé>, poudre de sauce de soja, huile de palme, contient 2% ou moins d'extrait de bœuf < bœuf, eau, sel, pâte d'oignon rôti, pâte de soja, sauce de soja, dextrine>, saveur de la soupe, dextrine, poudre de poivre noir, pâte d'oignon, poudre d'oignon, inosinate disodique, guanylate disodique, acide citrique, extrait d'ail, poudre d'ail, glucose, extrait d'os de bœuf, saveur de bœuf, succinate disodique), HUILE DE SÉSAME, HUILE DE SOJA, GLUTAMATE MONOSODIQUE, POIVRE NOIR, INOSINATE DISODIQUE + GUANYLATE DISODIQUE.

PÂTE: FARINE DE BLÉ (farine de blé blanchie et enrichie <farine de blé, niacine, fer, mononitrate de thiamine, riboflavine, acide folique>, peroxyde de benzoyle), EAU, FÉCULE DE MAÏS, SEL, L'HUILE DE SOJA.

CONTIENT: BLÉ, SOJA, GRAINES DE SÉSAME

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Seoul Trading Corp. Port Coquitlam, BC V3C 2M8 Canada
Lemond Food Corp. Toronto, Ontario L4K 1X5 Canada

7 61898 71419 5

EC3110

초리입동이
ChoripDong

Enjoy the fullness of fresh vegetables, tofu, and pork

신선한 야채, 두부, 돼지 고기 가득한

고기왕만두

PORK & VEGETABLE DUMPLINGS
BOULETTE DE PORC ET LEGUMES

☑ 싱싱한 야채와 두부, 고기가 듬뿍~
Filled with fresh vegetables, tofu, and pork

☑ 찜, 만두 전골에 제격!
Perfect for steam & soup

☑ 담백한 맛이 일품
Delicious clean taste

Net Weight./Poids Net
28.8 oz (1.8 LBS) 816 g

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE EST.45556

Made in U.S.A

Suggested Serving
FULLY-COOKED
KEEP FROZEN
GARDER CONGELÉ

PRODUCT OF USA / PRODUIT DES E.U.A.

조리담동이
ChoripDong

Enjoy the fullness of fresh vegetables, tofu, and pork

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PORK & VEGETABLE DUMPLINGS
BOULETTE DE PORC ET LEGUMES

조리법 | Heating Instructions

Steaming | 찜통에 쪄서 드실 때
Place frozen dumplings into a steamer and cook for 12 to 13 minutes. Serve hot.
찜통에 물이 끓어 증기가 오를때, 냉동 왕만두를 찜통에 넣고, 강한 불에서 약 12 ~ 13분간 찐 후 드십시오.
(따뜻할 때 드셔야 맛있습니다)

In soup | 만두국 (전골)
Boil your favorite vegetable or meat soup and add the frozen dumplings.
Cook for 8 to 9 minutes until soft.
신선한 야채와 고기를 이용하여 국물을 만듭니다. 국물이 끓으면 냉동 왕만두를 넣고 강한불에서 약 8~9분 끓입니다.
(개인의 기호에 따라 파, 마늘, 당근, 계란 등을 넣어 드시면 더욱 맛있습니다.)

Microwave (1000 watts) | 전자렌지를 이용하여 드실때
Sprinkle 2 tablespoons of water over 7 frozen dumplings on a microwave safe dish.
Cover with plastic wrap and microwave on high power for 5 minutes 30 seconds. Serve hot.
(Cooking time may vary depending on microwave)

접시에 냉동 왕만두 7개를 올려놓고 2스푼의 찬물을 만두 위에 뿌립니다 랩을 씌운 후 약 5분 30초간 조리 후 드십시오
따뜻할 때 드셔야 맛있습니다
(전자렌지마다 조리시간이 조금씩 다를수 있습니다.)

- 한번 녹였다가 다시 냉동 시킬 경우 맛이 변할 수 있습니다
  Change in quality may occur if product is thawed then refrozen
- 조리시 기름이 튀거나 조리 기구가 과열될 수 있으니 주의 하십시오.
  Pay attention on handling heating equipment during the cooking process

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Best Before : Printed on the Package / Meilleur Avant : Imprimée sur l'Emballage

EC1032

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PRODUCT OF U.S.A
PRODUIT DE U.S.A

냉동보관
KEEP FROZEN
GARDER CONGELÉ

Nutrition Facts

12 servings per container
Serving size 1 dumpling (70 g)

Amount per serving	
Calories	**140**
	% Daily Value*
Total Fat 6 g	**8 %**
Saturated Fat 1.5 g	**8 %**
Trans Fat 0 g	
Cholesterol 10 mg	**3 %**
Sodium 210 mg	**9 %**
Total Carbohydrate 17 g	**6 %**
Dietary Fiber 1 g	**4 %**
Total Sugars 1 g	
Includes 0 g Added Sugars	**0 %**
Protein 6 g	
Vit. D 0 mcg 0 %	Calcium 28 mg 2 %
Iron 1 mg 6 %	Potassium 116 mg 2 %

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutrition Facts
Valeur nutritive

Per 1 dumpling (70 g)
Pour 1 boulette (70 g)

Calories 140	% Daily Value* / % Valeur quotidienne*
Fat / Lipides 6 g	8 %
Saturated / saturés 1.5 g + Trans / trans 0 g	8 %
Carbohydrate / Glucides 17 g	
Fibre / Fibres 1 g	4 %
Sugars / Sucres 1 g	1 %
Protein / Protéines 6 g	
Cholesterol / Cholestérol 10 mg	
Sodium 210 mg	9 %
Potassium 116 mg	2 %
Calcium 28 mg	2 %
Iron / Fer 1 mg	6 %

* 5% or less is **a little**, 15% or more is **a lot**
* 5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

INGREDIENTS : **Filling** : Pork, Bean Sprouts, Leek, Cabbage, Green Onion, Textured Vegetable Protein, Tofu (Water, Soybean, contains 2% or less of: Nigari, Rice Bran Oil, Olive Oil), Onion, Garlic, Soy Sauce (Water, Salt, Soybeans, Sugar, Wheat Flour, Sodium Benzoate Added as a Preservative, Disodium 5'-inosinate and Disodium 5'-guanylate as flavor enhancer), Sugar, Wheat Flour (enriched wheat flour bleached <flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid>, benzoyl peroxide), Bread Crumbs (whole grain wheat flour, water, yeasts, 2% or less of each of the following: soybean oil and salt), Sesame Oil, Corn Starch, Soybean Oil, Beef Powder (salt, monosodium glutamate, sugar, corn starch, soy sauce <soybean, salt, wheat>, soy sauce powder, palm oil, contains 2% or less of beef extract <beef, water, salt, roasted onion paste, soybean paste, soy sauce, dextrin>, soup flavor, dextrin, black pepper powder, onion paste, onion powder, disodium inosinate, disodium guanylate, citric acid, garlic extract, garlic powder, glucose, beef bone extract, beef flavor, disodium succinate), Salt, Monosodium Glutamate, Black Pepper, Ginger Powder. **Dough** : Wheat Flour (enriched wheat flour bleached <wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid>, benzoyl peroxide), Water, Corn Starch, Soybean Oil, Salt. / **CONTAINS** : Wheat, Soybean, Sesame Seeds.

INGRÉDIENTS : **Remplissage** : Porc, Germes de Soja, Poireau, Chou, Oignon Vert, Protéines Végétales Texturées, Tofu (Eau, Soja, contient 2% ou moins de: Nigari, huile de son de riz, huile d'olive), Oignon, Ail, Sauce de Soja (Eau, Sel, soja, sucre, farine de blé, Benzoate de sodium ajouté comme agent de conservation, disodique 5'-inosinate et disodium 5'-guanylate comme exhausteurs de saveur), Sucre, Farine de Blé(Farine de Blé Blanchie et Enrichie<Farine, Niacine, Fer, Mononitrate de Thiamine, Riboflavine, Acide Folique>, Peroxyde de Benzoyle), Chapelure (Farine de Blé Enrichie [Niacine, Fer Réduit, Thiamine, Riboflavine, Acide Folique], Sirop de Maïs, Eau, Contient 2% ou Moins de ce qui suit: Huile de Soja et/ou l'Huile de Canola, Sel, Levure, Lactosérum, Farine de Soja), Huile de Sésame, Amidon de Maïs, Huile de Soja, Saveur de Boeuf (Sel, Glutamate Monosodique, Sucre, Amidon de Maïs, la Sauce de Soja <Soja, Sel, Blé>, Poudre de Sauce de Soja, Huile de Palme, Contient 2% ou moins d'Extrait de Boeuf < Boeuf, Eau, Sel, Pâte d'Oignon rôti, Pâte de Soja, Sauce de Soja, Dextrine>, Saveur de la Soupe, Dextrine, Poudre de Poivre Noir, Pâte d'Oignon, Poudre d'Oignon, Inosinate Disodique, Guanylate Disodique, Acide Citrique, Extrait d'Ail, Poudre d'Ail, Glucose, Extrait d'Os de Boeuf, Saveur de Boeuf, Succinate Disodique), Sel, Glutamate Monosodique, Poivre Noir, Poudre de Gingembre. **Pâte** : Farine de Blé(Farine de Blé Blanchie et Enrichie<Farine, Niacine, Fer, Mononitrate de Thiamine, Riboflavine, Acide Folique>, Peroxyde de Benzoyle), Eau, Amidon de Maïs, Huile de Soja, Sel. **CONTIENT** : Blé, Soja, Graines de Sésame.

초리동이
ChoripDong

Enjoy the fullness of fresh vegetables, tofu, and pork

신선한 야채, 두부, 돼지 고기 가득한

김치왕만두

KIMCHI DUMPLING WITH PORK
BOULETTE DE KIMCHI AVEC PORC

☑ 맛있게 숙성된 김치와 고기가 듬뿍-
Enjoy the fullness of meat & best fermented Kimchi

☑ 찜, 만두 전골에 제격!
Perfect for steam & soup

☑ 칼칼한 맛이 일품
Delicious spicy taste

Net Weight./Poids Net
28.8 oz (1.8 LBS) 816 g

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE EST.45556

Made in U.S

Suggested Serving
FULLY-COOKED
KEEP FROZEN
GARDER CONGELÉ

PRODUCT OF USA / PRODUIT DES E.-U.A.

조리담동이 ChoripDong

Enjoy the fullness of fresh vegetables, tofu, and pork

신선한 야채, 두부, 돼지 고기 가득한

김치왕만두

KIMCHI DUMPLING WITH PORK
BOULETTE DE KIMCHI AVEC PORC

조리법 | Heating Instructions

Steaming | 찜통에 쪄서 드실 때
Place frozen dumplings into a steamer and cook for 12 to 13 minutes. Serve hot.
찜통에 물이 끓어 증기가 오를때, 냉동 왕만두를 찜통에 넣고, 강한 불에서 약 12 ~ 13분간 찐 후 드십시오.
(따뜻할 때 드셔야 맛있습니다)

In soup | 만두국 (전골)
Boil your favorite vegetable or meat soup and add the frozen dumplings.
Cook for 8 to 9 minutes until soft.
신선한 야채와 고기를 이용하여 국물을 만듭니다. 국물이 끓으면 냉동 왕만두를 넣고 강한불에서 약 8~9분 끓입니다.
(개인의 기호에 따라 파, 마늘, 당근, 계란 등을 넣어 드시면 더욱 맛있습니다.)

Microwave (1000 watts) | 전자렌지를 이용하여 드실때
Sprinkle 2 tablespoons of water over 7 frozen dumplings on a microwave safe dish.
Cover with plastic wrap and microwave on high power for 5 minutes 30 seconds. Serve hot.
(Cooking time may vary depending on microwave)

접시에 냉동 왕만두 7개를 올려놓고 2스푼의 찬물을 만두 위에 뿌립니다. 랩을 씌운 후 약 5분 30초간 조리 후 드십시오.
따뜻할 때 드셔야 맛있습니다.
(전자렌지마다 조리시간이 조금씩 다를수 있습니다.)

- 한번 녹혔다가 다시 냉동 시킬 경우 맛이 변할 수 있습니다
  Change in quality may occur if product is thawed then refrozen
- 조리시 기름이 튀거나 조리 기구가 과열될 수 있으니 주의 하십시오.
  Pay attention on handling heating equipment during the cooking process

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냉동보관
KEEP FROZEN
GARDER CONGELÉ

Nutrition Facts

12 servings per container
Serving size 1 dumpling (70 g)

Amount per serving	
Calories	**160**
	% Daily Value*
Total Fat 5 g	**6 %**
Saturated Fat 1.5 g	**8 %**
Trans Fat 0 g	
Cholesterol 10 mg	**3 %**
Sodium 240 mg	**10 %**
Total Carbohydrate 21 g	**8 %**
Dietary Fiber 1 g	**4 %**
Total Sugars 2 g	
Includes 0 g Added Sugars	**0 %**
Protein 5 g	
Vit. D 0 mcg 0 %	Calcium 17 mg 2 %
Iron 2 mg 10 %	Potassium 84 mg 2 %

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutrition Facts
Valeur nutritive

Per 1 dumpling (70 g)
Pour 1 boulette (70 g)

Calories 160	% Daily Value* / % Valeur quotidienne*
Fat / Lipides 5 g	7 %
Saturated / saturés 1.5 g + Trans / trans 0 g	8 %
Carbohydrate / Glucides 21 g	
Fibre / Fibres 1 g	4 %
Sugars / Sucres 2 g	2 %
Protein / Protéines 5 g	
Cholesterol / Cholestérol 10 mg	
Sodium 240 mg	10 %
Potassium 84 mg	2 %
Calcium 17 mg	2 %
Iron / Fer 2 mg	10 %

* 5% or less is **a little**, 15% or more is **a lot**
* 5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

INGREDIENTS : Filling : Kimchi (cabbage, radish, green onion, garlic, ginger, red pepper, salt, sugar, water, sweet rice flour), Pork, Vermicelli (sweet potato powder, water), Leek, Cabbage, Green Onion, Tofu (Water, Soybean, contains 2% or less of: Nigari, Rice Bran Oil, Olive Oil), Textured Vegetable Protein, Onion, Garlic, Wheat Flour (enriched flour bleached <wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid>, benzoyl peroxide), Bread Crumbs (whole grain <whole wheat flour>, water, yeasts, 2% or less of each of the following: soybean oil and salt), Sugar, Corn Starch, Soybean Oil, Sesame Oil, Beef Powder (salt, monosodiumglutamate, sugar, corn starch, soy sacue <soybean, salt, wheat>, soy sauce powder, palm oil, contains 2% of less of beef extract <beef, water, salt, roasted onion paste, soybean paste, soy sauce, dextrin>, soup flavor, dextrin, black pepper powder, onion paste, onion powder, disodium inosinate, disodium guanylate, citric acid, garlic extract, garlic powder, glucose, beef bone extract, beef flavor, disodium succinate), Monosodium Glutamate, Salt, Red Pepper Powder, Soy Sauce (water, salt, soybeans, sugar, wheat flour, sodium benzoate added as a preservative, disodium 5'-inosinate and disodium 5'-guanylate as flavor enhancers), Black Pepper, Ginger Powder. **Dough :** Wheat Flour (enriched flour bleached <wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid>, benzoyl peroxide), Water, Corn Starch, Soybean Oil, Salt. **CONTAINS :** Wheat, Soybean, Sesame Seeds.

INGRÉDIENTS : Remplissage : Kimchi (chou, radis, oignon vert, ail, gingembre, piment rouge, sel, sucre, eau, riz glutineux), Porc, Vermicelle (patate douce en poundre, eau), Poireau, Chou, Oignon Vert, Tofu (Eau, Soja, contient 2% ou moins de: Nigari, huile de son de riz, huile d'olive), Protéine De Soja, Oignon, Ail, Farine de Blé (farine de blé blanchie et enrichie <farine de blé, niacine, fer, mononitrate de thiamine, riboflavine, acide folique>, peroxyde de benzoyle), Chapelure (farine de Ble, Eau, levures, Contient 2% ou moins de ce qui suit: huile de soja et sel), Sucre, Amidon de Maïs, Huile de Soja, Huile de Sésame, Saveur de Boeuf (Sel, Glutamate Monosodique, Sucre, Amidon de Maïs, la Sauce de Soja <Soja, Sel, Blé>, Poudre de Sauce de Soja, Huile de Palme, Contient 2% ou moins d'Extrait de Boeuf < Boeuf, Eau, Sel, Pâte d'Oignon rôti, Pâte de Soja, Sauce de Soja, Dextrine>, Saveur de la Soupe, Dextrine, Poudre de Poivre Noir, Pâte d'Oignon, Poudre d'Oignon, Inosinate Disodique, Guanylate Disodique, Acide Citrique, Extrait d'Ail, Poudre d'Ail, Glucose, Extrait d'Os de Boeuf, Saveur de Boeuf, Succinate Disodique), Glutamate Monosodique, Sel, Poivron Rouge en Poudre, Sauce de Soja (Eau, Sel, soja, sucre, farine de blé, Benzoate de sodium ajouté comme agent de conservation, disodique 5'-inosinate et disodium 5'-guanylate comme exhausteurs de saveur), Poivre Noir, Poudre de Gingembre. **Pâte :** farine de Blé (farine de blé blanchie et enrichie <farine de blé, niacine, fer, mononitrate de thiamine, riboflavine, acide folique>, peroxyde de benzoyle), Eau, Amidon de Maïs, Huile de Soja, Sel. **CONTIENT :** Blé, Soja, Lait, Graines de Sésame.

백종원의 홍콩반점0410
PAIK's NOODLE

백家만두

저희 백家만두는 돼지고기와 갖은 야채를 넣어 만든 정통식 명품 군만두 입니다.

Pork & Vegetable Dumplings
餃子/만두

<Serving Suggestion>

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE EST. 5556

KEEP FROZEN
FULLY COOKED
Net Wt 4.4 lb (71oz/ 2 kg)

백家만두

Pork & Vegetable Dumplings
餃子 / 만두

백종원의 홍콩반점0410
PAIK's NOODLE

〈Serving Suggestion〉

저희 백家만두는...

저희 백家만두는 돼지고기와 엄선된 재료를 넣어 만든 정통식 군만두로 겉은 바삭하고 속은 푸짐함과 동시에 촉촉하고 부드러운 느낌이 물씬 풍기는 명품 군만두입니다.

Paikga dumpling

Paikga dumpling is the authentic and classic Korean-style dumpling, which is made of pork and other selected ingredients. It is crispy outside. Its substantial filling is soft and juicy inside. Enjoy the savory Paikga dumpling.

백家만두 조리 안내
HEATING DIRECTION

군만두 PAN FRY

후라이팬에 만두가 기름에 약간 잠기도록 한 후 중불에서 노릇하게 튀겨 초간장에 야채를 곁들여 드시면 정통 군만두의 참맛을 느끼실 수 있습니다.

Add several spoons of oil on heated pan. Fry the dumplings over medium high heat, until the dumplings get golden brown. Enjoy the pan-fried dumplings with fresh vegetables and the dipping sauce, which is made of vinegar and soy sauce.

⚠ Caution

- 만두가 조리 되는 동안 기름이 과열되거나 물이 넘치지 않도록 주의 해 주세요.
- 만두를 튀길 때 기름이 튀지 않도록 주의 해 주세요.
- 음식이 상하지 않기 위해, 만두는 냉동 보관 해 주세요.

- Carefully watch the dumplings while cooking to make sure that appliances do not overheat or water does not overflow.
- Be extra careful of splattering oil when frying the dumplings.
- Please keep dumplings frozen to prevent spoiling. No need to defrost before cooking.

Nutrition Facts

Serving Size 3 pieces (90g)
Servings Per Container About 22

Amount Per Serving	
Calories 200	Calories from Fat 70
	% Daily Value*
Total Fat 8g	12%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 250mg	10%
Total Carbohydrate 25g	8%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 8g	

Vitamin A 2% • Vitamin C 10%
Calcium 2% • Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredient List

Filling : Pork, Cabbage, Leek, Green Onion, Soybean Oil, Sauce (oyster sauce <sugar, salt, oyster extractive, monosodium L-glutamate, modified corn starch>, flavor enhancer <monosodium glutamate, disodium 5'-ribonucleotide>, soy sauce <defatted soybean, wheat, salt, high fructose corn syrup, caramel color>, water, salt), Sesame Oil, Monosodium Glutamate, Seasoning Powder (salt, monosodium glutamate, sugar, corn starch, soy sauce <soybean, salt, wheat>, soy sauce powder, palm oil, contains 2% or less of beef extract <beef, water, salt, roasted onion paste, soybean paste, soy sauce, dextrin>, soup flavor, dextrin, black pepper powder, onion paste, onion powder, disodium inosinate, disodium guanylate, citric acid, garlic extract, garlic powder, glucose, beef bone extract, beef flavor, disodium succinate), Ginger Powder, Black Pepper.

Dough : Enriched Flour Bleached (wheat flour, benzoyl peroxide, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid) Water, Soybean Oil, Salt.

ALLERGEN : Wheat, Soybean, Shellfish

백종원의 홍콩반점0410
PAIK's NOODLE

Distributed By:
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Los Angeles CA 90010. USA
Tel. 213-232-1656

* 분리수거하여 자원을 재활용합시다. 기타재활용 OTHER

illante pendant

de l'eau froide et servir.

lly place thawed

olden brown.

oêle à frire.
s dans une

que soit doré

DES

h.
h for 2 to 3 minutes

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