BARBER FOODS

PREMIUM ENTREES

BREADED · BONELESS

RAW STUFFED CHICKEN BREASTS WITH RIB MEAT

KIEV

Filled with Flavorful Garlic Butter with Parsley and Cheese • Delicately Coated with Crisp, Seasoned Breading

Nutrition Facts
Serving Size 1 Piece (168g/6oz)
Servings Per Container 6

Amount Per Serving	
Calories 450 Calories from Fat 280	
	% Daily Value*
Total Fat 32g	49%
Saturated Fat 13g	65%
Trans Fat 0.5g	
Cholesterol 85mg	28%
Sodium 460mg	19%
Total Carbohydrate 18g	6%
Dietary Fiber less than 1g	4%
Sugars less than 1g	
Protein 24g	
Vitamin A 10% • Vitamin C 4%	
Calcium 10% • Iron 10%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: CHICKEN BREAST WITH RIB MEAT CONTAINING UP TO 13% OF A SOLUTION OF WATER, RICE STARCH, LEMON JUICE CONCENTRATE, VINEGAR, SALT, ROAST CHICKEN, SUGAR, ONION POWDER, NATURAL FLAVORING. BUTTER (CREAM, MILK, SALT, ANNATTO [COLOR]). ENRICHED BLEACHED WHEAT FLOUR (WHEAT, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), PASTEURIZED PROCESS SWISS AND AMERICAN CHEESE (SWISS CHEESE [CULTURED MILK AND SKIM MILK, SALT, ENZYMES], AMERICAN CHEESE [CULTURED MILK, SALT, ENZYMES], CREAM, SODIUM PHOSPHATE, SALT, WATER, DEHYDRATED POTATO (POTATOES, MONO & DIGLYCERIDES), CONTAINS LESS THAN 2% OF THE FOLLOWING: MODIFIED FOOD STARCH, SPICE, YELLOW CORN FLOUR, CANOLA OIL, GARLIC POWDER, SUGAR, YEAST, DEXTROSE, PARSLEY, SALT, YELLOW 6 (COLOR), SOYBEAN OIL, YELLOW 6 (COLOR). PREBROWNED IN VEGETABLE OIL.
CONTAINS: MILK, WHEAT, YELLOW 5 & 6

Prepared with care by
AdvancePierre Foods | Barber Foods
Portland, ME 04112 U.S.A.
1-800-577-2595

RAW–DO NOT MICROWAVE

TO HELP PREVENT FOODBORNE ILLNESS CAUSED BY EATING RAW POULTRY

DO NOT MICROWAVE

*Cooking Instructions:**

Conventional Oven

1. Preheat oven to 400°F.
2. Remove frozen raw breast(s) from pouch and place on foil lined baking sheet to capture escaping butter.
3. Bake in preheated oven for a minimum of 30 minutes for 1 to 6 pieces.

400°F OVEN BAKE ONLY 30 minutes

For Food Safety, cook to a minimum internal temperature of 165°F measured by a meat thermometer.

Meat Thermometer Instructions:
Insert meat thermometer 2 inches into the stuffing in the center of the entrée. See Diagram.

Meat Thermometer INSTRUCTIONS

CAUTION: Filling will be hot and may splatter; let stand approximately 2 minutes to cool before serving.

Due to variations in ovens, cooking times may vary.

Our fresh frozen entrees taste best baked in an oven, never in a microwave. You get crisp breading and tender moist stuffed chicken breast taste because we have done everything but cook them. Our pledge for quality, freshness and value is the same today as it was in 1955 when we started our business.

Gus Barber

Visit us on the web at www.barberfoods.com
Share your comments.
Take our product survey at
www.barberfoods.com/feedback.htm

SAFE HANDLING INSTRUCTIONS
THIS PRODUCT WAS PREPARED FROM INSPECTED AND PASSED MEAT AND/OR POULTRY. SOME FOOD PRODUCTS MAY CONTAIN BACTERIA THAT COULD CAUSE ILLNESS IF THE PRODUCT IS MISHANDLED OR COOKED IMPROPERLY. FOR YOUR PROTECTION, FOLLOW THESE SAFE HANDLING INSTRUCTIONS.
KEEP REFRIGERATED OR FROZEN. THAW IN REFRIGERATOR OR MICROWAVE.
KEEP RAW MEAT AND POULTRY SEPARATE FROM OTHER FOODS. WASH WORKING SURFACES (INCLUDING CUTTING BOARDS), UTENSILS, AND HANDS AFTER TOUCHING RAW MEAT OR POULTRY.
COOK THOROUGHLY.
KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.

Try Barber Foods Broccoli & Cheese or Cordon Bleu Premium Entrees filled with a delicious blend of ingredients.

Proof of Purchase

F.P.O.

0 73461 90506 5

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enlarged to show quality
serving suggestion after baking

RAW CHICKEN
DO NOT MICROWAVE
OVEN BAKE ONLY

NET WT. 36 OZ. (2 LB. 4 OZ.) 1021g KEEP FROZEN

RAW FOR FOOD SAFETY, COOK TO A MINIMUM INTERNAL TEMPERATURE OF 165°F MEASURED BY A MEAT THERMOMETER

450 Calories per serving

6 *Individually Pouched Entrees*