VEAL • RUSSIAN BRAND DUMPLINGHS • ТЕЛЯЧІЙ
Made in USA
VEAL
HAND MADE
HAND MADE
Ready to Cook
NET WT. 16 OZ. (1LB.) 454g.
U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE EST. 18832

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Manufactured by:
M&P Food Production Inc.
Brooklyn, NY 11232
Tel.(718) 438-6421

COOKING INSTRUCTIONS:
Place frozen dumplings in boiling water for 5-8 minutes and until the internal temperature of dumpling is greater than 160 F. May be fried after boiling.

SERVING SUGGESTIONS:
Try serving with sour cream or butter.

SAFE HANDLING INSTRUCTIONS

This Product was prepared from inspected and passed meat and/or poultry. Some food products may contain bacteria that could cause illness if the product is mishandled or cooked improperly. For your protection, follow these safe handling instructions.

Keep refrigerated or frozen thaw in refrigerator or microwave.

Keep raw meat and poultry separate from other foods wash working surfaces (including cutting boards),utensils, and hands after touching raw meat or poultry

Cook thoroughly.

Keep hot foods hot. Refrigerate leftovers immediately or discard.

Nutrition Facts

Serving Size 12pc dumplings (151g)
Serving Per Container 3

Amount per Serving

Calories 250 Calories from Fat 30

	% Daily Value*
Total Fat 3.5g	**5%**
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 65mg	**21%**
Sodium 530mg	**22%**
Total Carbohydrate 37g	**12%**
Dietary Fiber 2g	6%
Sugars 1g	
Protein 17g	

Vitamin A 0% • **Vitamin C 2%**
Calcium 2% • **Iron 15%**

*Percent Daily Values are based on a 2,000 calories diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total fat	Less Than	65g	80g
Sat. fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories Per Gram:
Fat 9 • Carbohydrates 4 • Protein 4

DOUGH INGREDIENTS: Enriched Flour (bleached wheat flour, niacin, iron, potassium bromate, thiamine. mononitrate, riboflavin, folic acid, malted barley flour), water, eggs, salt.

FILLING INGREDIENTS: Veal, onion, salt, black pepper.