Wegmans

Chicken & Dumpling Soup

Souper Easy! Using our Prepared Food fresh soup recipes as inspiration, we've brought convenience to you. Easy to carry, easy to heat, easy to clean up. (Even the metal rim on top is microwavable!)

Remember, your satisfaction is *always* guaranteed with Wegmans brand products.

The Wegmans Family

NET WT 16 OZ (1 LB) • 453g

Nutrition Facts

Serving Size 1 cup (245g)
Servings Per Container about 2
Calories 260
Calories from Fat 140

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount/serving	% DV*	Amount/serving	% DV*
Total Fat 16g	25%	**Total Carbohydrates** 21g	7%
Saturated Fat 10g	50%	Dietary Fiber 1g	5%
Trans Fat 0g		Sugars 1g	
Cholesterol 65mg	22%	**Protein** 10g	
Sodium 820mg	34%		

Vitamin A 20% • Vitamin C 6% • Calcium 2% • Iron 6%

CHICKEN AND DUMPLING
086576
0 77890 23603 1

Ingredients: Water, Dumplings (Enriched Durum Flour [Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Idaho Potato Flakes, Sea Salt), **Cream, White Chicken Meat** (White Chicken Meat, Water, Potato Starch, Salt), **Carrots, Celery, Onions, Roux** (Wheat Flour, Butter Fat, Salt), **Chicken Base** (Chicken Meat Including Chicken Juices, Salt, Flavorings, Onion Powder, Potato Flour, Spice And Turmeric), **Unsalted Butter** (Cream, Natural Flavorings), **Chicken Stock** (Chicken Stock, Salt and Spices), **Garlic, Lemon Juice Concentrate, Cane Sugar, Spice, Nisin** (Natural Preservative), **Cayenne Pepper.**

Distributed By: Wegmans Food Markets, Inc., Rochester, NY 14603

ALLERGENS: Contains Milk and Wheat.

Wegmans

Italian Style Wedding Soup with Meatballs

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The Wegmans Family

NET WT 16 OZ(1LB)•453g

Wegmans

Italian Style Wedding Soup with Meatballs

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE EST. 19449A

Heat and Serve

086038

NET WT 16 OZ (1 LB) · 453g

Keep Refrigerated

Nutrition Facts

Serving Size 1 cup (245g)
Servings Per Container About 2

Calories 80
Calories from Fat 80

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount/serving	% DV*	Amount/serving	% DV*
Total Fat 9g	**14%**	**Total Carbohydrates** 16g	**5%**
Saturated Fat 4g	**19%**	Dietary Fiber 1g	**6%**
Trans Fat 0g		Sugars 2g	
Cholesterol 40mg	**13%**	**Protein** 8g	
Sodium 750mg	**31%**		

Vitamin A 10% • Vitamin C 4% • Calcium 4% • Iron 6%

ITALIAN WEDDING 1

086039 0 77890 27858

Ingredients: Water, Meatball (Pork, Beef, Eggs, Bread Crumbs [Unbleached Wheat Flour, Salt, Yeast], Water, Romano Cheese [Sheep's Milk, Rennet, Salt], Dehydrated Onions, Corn Syrup Solids, Salt, Natural Flavor, Sodium Phosphate, Parsley, Spice), **Onion, Acini Di Pepe** (Semolina, Niacin, Iron [Ferrous Sulfate], Thiamin Mononitrate, Riboflavin, Folic Acid), **Escarole, Celery, Carrots, Chicken Broth** (Chicken Broth, Chicken Flavor, Vegetables [Carrot, Onion, Celery], Sea Salt, Flavoring, Potato Flour And Onion Powder), **Corn Starch, Parmesan Cheese Base** (Parmesan Cheese [Milk Cultures, Salt, Enzymes], Salt, Yeast Extract, Butter [Cream, Natural Flavorings], Corn Oil, Olive Oil, Cream Powder, Sugar, Natural Flavors), **Garlic, Salt, Spice, Nisin** (Preservative).

ALLERGENS: Contains Egg, Milk and Wheat.

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