OUR PREMIUM
Black Forest

HILL
SINCE 1947
MEAT COMPANY

FULLY COOKED SMOKED HAM
WITH NATURAL JUICES

CURED WITH: WATER, SALT, SODIUM LACTATE, BROWN SUGAR, SODIUM PHOSPHATE, FLAVORINGS, SODIUM DIACETATE, SODIUM ERYTHORBATE, SODIUM NITRITE.

PROCESSED IN OREGON

KEEP REFRIGERATED

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE EST.9201

HILL MEAT COMPANY • PENDLETON, OR 97801

Nutrition Facts

Serving Size 3 oz. (84g)
Servings Per Container varied

Amount Per Serving	
Calories 110	Calories from Fat 40
	% Daily Value*
Total Fat 4g	6%
Saturated Fat 1.5g	8%
Cholesterol 40mg	13%
Sodium 924mg	38%
Total Carbohydrate 1g	1%
Sugars 1g	
Protein 15g	
Vitamin C 2% •	Iron 4%

Not a significant source of dietary fiber, vitamin A and calcium.

* Percent Daily Values are based on a 2,000 calorie diet.