GRILLED CHICKEN SALAD

INGREDIENTS: BONELESS BREAST OF CHICKEN, WATER, PEPPERS, ONIONS, SOYBEAN OIL, LEMON JUICE CONCENTRATE, LEMON JUICE, CITRIC ACID, FRUIT SUGARS, GUM ACACIA, POTASSIUM BENZOATE, FD&C YELLOW #5 & #6 LT, HYDROLIZED SOY PROTEIN, CARROTS, SODIUM PHOSPHATE, RED PEPPERS, GREEN PEPPER, RED ONION, DISTILLED VINEGAR AND SPICES.

INSPECTED U.S. DEPARTMENT OF AGRICULTURE P-19629

ILYSSA MFG.
57 COMMERCE STREET
BROOKLYN, NY 11231

KEEP REFRIGERATED

SELL BY SEP02.05 NET WT. 5 LB

BREADED CHICKEN BREAST FINGERS

INGREDIENTS: BONELESS BREAST OF CHICKEN (CHICKEN, WATER, MODIFIED SOY PROTEIN, SALT, SODIUM PHOSPHATE), EGGS, MILK, BREAD CRUMBS (WHEAT FLOUR, SALT), FLOUR, GARLIC POWDER, WHITE PEPPER, SALT, PARMESAN CHEESE (COW'S MILK, CHEESE CULTURES, SALT, ENZYMES)

INSPECTED U.S. DEPARTMENT OF AGRICULTURE P-19629

ILYSSA MFG.
57 COMMERCE STREET
BROOKLYN, NY 11231

KEEP REFRIGERATED

SELL BY SEP02.05 NET WT. 400 LB

B E E F M E A T L O A F

INGREDIENTS: GROUND BEEF, BAKING KETCHUP (RED TOMATOES, BLEACHED WHEAT FLOUR, DEXTROSE, VEGETABLE SALT), GRATED CHEESE (PASTEURIZED SHEEP'S MILK, CHEESE CULTURES, SALT), GARLIC, PARSLEY, TOMATO CONCENTRATE, SAUCE, SALT AND PEPPER

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE 19629

ILYSSA MFG.
57 COMMERCE STREET
BROOKLYN, NY 11231

KEEP REFRIGERATED

SELL BY AUG04.05 NET WT. 5 LB

BONELESS BREAST OF CHICKEN STUFFED S P I N A C H & M U S H R O O M S

INGREDIENTS: BONELESS BREAST OF CHICKEN, SPINACH, MUSHROOMS, GARLIC, ONIONS, ORANGE JUICE, SOYBEAN OIL, PEPPER, PARSLEY

INSPECTED U.S. DEPARTMENT OF AGRICULTURE P-19629

ILYSSA MFG.
57 COMMERCE STREET
BROOKLYN, NY 11231

KEEP REFRIGERATED

SELL BY AUG22.05 NET WT. 5 LB

PM CHICKEN BREAST STUFFED WITH EGGPLANT PARMIGIANA

INGREDIENTS: BONELESS BREAST OF CHICKEN (CHICKEN, WATER, ISOLATED SOY PROTEIN, SALT, SODIUM PHOSPHATE), EGGS, BREADCRUMBS, EGGPLANT, MARINARA SAUCE, MOZZARELLA CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, RENNET), SOYBEAN OIL, BLACK PEPPER, SALT

INSPECTED U.S. DEPARTMENT OF AGRICULTURE P-19629

ILYSSA MFG.
57 COMMERCE STREET
BROOKLYN, NY 11231

KEEP REFRIGERATED

SELL BY AUG29.05 NET WT. 5 LB

CHICKEN AND VEGETABLE WRAP

[illegible]

INSPECTED U.S. DEPARTMENT OF AGRICULTURE P-19629

ILYSSA MFG.
57 COMMERCE STREET
BROOKLYN, NY 11231

KEEP REFRIGERATED

SELL BY
SEP02.05

NET WT.
10 PCS

CHICKEN QUESADILLAS

[illegible]

INSPECTED U.S. DEPARTMENT OF AGRICULTURE P-19629

ILYSSA MFG.
57 COMMERCE STREET
BROOKLYN, NY 11231

KEEP REFRIGERATED

SELL BY
SEP02.05

NET WT.
10 PCS

MEXICAN STYLE CHICKEN BURRITO

[illegible]

INSPECTED U.S. DEPARTMENT OF AGRICULTURE P-19629

ILYSSA MFG.
57 COMMERCE STREET
BROOKLYN, NY 11231

KEEP REFRIGERATED

SELL BY
AUG23.05

NET WT.
10 PCS

TURKEY MEATBALLS IN RED SAUCE

[illegible]

INSPECTED U.S. DEPARTMENT OF AGRICULTURE P-19629

ILYSSA MFG.
57 COMMERCE STREET
BROOKLYN, NY 11231

KEEP REFRIGERATED

SELL BY
AUG20.05

NET WT.
5 LB

B E E F M E A T B A L L S

[illegible]

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE 19629

ILYSSA MFG.
57 COMMERCE STREET
BROOKLYN, NY 11231

KEEP REFRIGERATED

SELL BY
AUG23.05

NET WT.
5 LB

SKU# 064914 B

Nutrition Facts

Serving Size 1/2 breast (85 g)
Servings Per Container 4

Amount Per Serving	% Daily Value*
Calories 170 Calories from Fat 100	
Total Fat 11g	17%
Saturated Fat 2g	10%
Cholesterol 40mg	13%
Sodium 250mg	10%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	0%
Sugars 2g	
Protein 15g	

Vitamin A 0% • Vitamin C 0%
Calcium 0% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Sat Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:
Fat 9 • Carbohydrates 4 • Protein 4

Food & Solid Exclusively Dry, Chef Pronto, Brooklyn, NY 11231

Ingredients:
Chicken Breast (Chicken, Water, Sodium Tripolyphosphate, Hydrolyzed Soy Protein, Salt), Soybean Oil, Balsamic Vinegar, Rosemary.

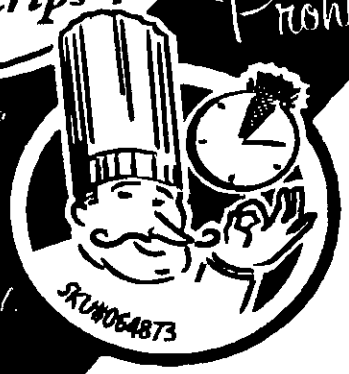
To heat:
Puncture top film and microwave on HIGH for 1 1/2 to 2 minutes or until hot.

0064 9148

Grilled Chicken Strips

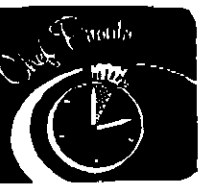
Chef Pronto

1. Heat and serve
2. Serve in salad or on pasta for a complete meal.



NET WT. 12 OZ (340 G)

Grilled Chicken Strips



SKU# 064873

Nutrition Facts

Serving Size about 3.5 strips (85 g)
Servings Per Container about 4

Amount Per Serving	
Calories 100	Calories from Fat 20
	% Daily Value*
Total Fat 2g	3%
Saturated Fat 0.5g	3%
Cholesterol 50mg	17%
Sodium 310mg	13%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 20g	

Vitamin A 0% • Vitamin C 0%
Calcium 0% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less than		65g	80g
Sat Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:
Fat 9 • Carbohydrates 4 • Protein 4

Dist. & Sold Exclusively By: Chef Pronto, Brooklyn, NY 11231

Ingredients: Chicken Breast (Chicken, Water, Sodium Tripolyphosphate, Hydrolyzed Soy Protein, Salt), Black Pepper.

To heat:

Puncture top film and microwave on HIGH for 1 1/2 to 2 minutes or until hot.

0064 8738

Tortellini with Grilled Chicken and Sun-dried Tomatoes

Chef Pronto

SKU# 0648711 6

Nutrition Facts

Serving Size 1 cup (6 oz/170 g)
Servings Per Container about 2.5

Amount Per Serving	
Calories 480	Calories from Fat 110
	% Daily Value*
Total Fat 18g	28%
Saturated Fat 4.5g	22%
Cholesterol 70mg	22%
Sodium 420mg	18%
Total Carbohydrate 44g	14%
Dietary Fiber 6g	24%
Sugars 3g	
Protein 29g	

Vitamin A 8% • Vitamin C 20%
Calcium 25% • Iron 20%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Sat. Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Pasta (Durum Wheat Flour, Niacin, Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Eggs, Ricotta (Whey, Pasteurized Whole Milk, Skim Milk, Salt), Parmesan Cheese (Part Skim Milk, Cheese Culture, Salt, Enzymes), Romano Cheese (Pasteurized Sheep's Milk, Cheese Culture, Salt), Bread Crumbs (Bleached Wheat Flour, Garlic Powder, Salt, Spices), Chicken Breast (Boneless Chicken, Hydrolyzed Soy Protein, Sodium Phosphate, Water, Salt, Soybean Oil, Citric Acid), Sun-dried Tomatoes, Parsley, Oregano, Basil, Salt, Pepper.

To heat:

Puncture top film and microwave on HIGH for 1 1/2 to 2 minutes or until hot.

0064 8714

Chef & Staff Exclusively By: Chef Pronto, Brooklyn, NY 11231

Grilled Lemon Pepper Chicken

Chef Pronto

1. Heat and serve
2. Add side dish and/or salad for complete meal

SKU#064916

NET WT. 12 OZ (340 G)

Grilled Lemon Pepper Chicken

Chef Pronto

SKU# 064916

Nutrition Facts
Serving Size 1/2 breast (85 g)
Servings Per Container 4

Amount Per Serving	
Calories 90	Calories from Fat 25
	% Daily Value*
Total Fat 2.5g	4%
Saturated Fat 0.5g	3%
Cholesterol 40mg	13%
Sodium 250mg	10%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 15g	

Vitamin A 0% • Vitamin C 10%
Calcium 0% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Sat Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:
Fat 9 • Carbohydrates 4 • Protein 4

Distr. & Sold Exclusively By: Chef Pronto, Brooklyn, NY 11231

Ingredients:
Chicken Breast (Chicken, Water, Sodium Tripolyphosphate, Hydrolyzed Soy Protein, Salt), Lemon, Water, Soybean Oil, Black Pepper.

To heat:

Puncture top film and microwave on HIGH for 1 1/2 to 2 minutes or until hot.

0064 9162

R I C E B A L L S

[illegible]

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE 19629

ILYSSA MFG.
57 COMMERCE STREET
BROOKLYN, NY 11231

KEEP REFRIGERATED

SELL BY AUG23.05

NET WT. 12 PCS

MEAT LASAGNA

[illegible]

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE 19629

ILYSSA MFG.
57 COMMERCE STREET
BROOKLYN, NY 11231

KEEP REFRIGERATED

SELL BY AUG06.05

NET WT. 6 LB

CHICKEN CUTLET PARMIGIANA

[illegible]

INSPECTED U.S. DEPARTMENT OF AGRICULTURE P-19629

ILYSSA MFG.
57 COMMERCE STREET
BROOKLYN, NY 11231

KEEP REFRIGERATED

SELL BY AUG20.05

NET WT. 6 LB

BREADED CHICKEN BREAST CUTLET

[illegible]

INSPECTED U.S. DEPARTMENT OF AGRICULTURE P-19629

ILYSSA MFG.
57 COMMERCE STREET
BROOKLYN, NY 11231

KEEP REFRIGERATED

SELL BY AUG23.05

NET WT. 4 LB

TURKEY MEATLOAF IN RED SAUCE

[illegible]

INSPECTED U.S. DEPARTMENT OF AGRICULTURE P-19629

ILYSSA MFG.
57 COMMERCE STREET
BROOKLYN, NY 11231

KEEP REFRIGERATED

SELL BY AUG05.05

NET WT. 6 LB

BREADED CHICKEN WITH HAM AND SWISS CHEESE "CORDON BLEU" STYLE

INGREDIENTS: BONELESS BREAST OF CHICKEN(CHICKEN, WATER, HYDROLIZED SOY PROTEIN, SALT, SODIUM PHOSPHATE), EGGS, BREADING(WHEAT FLOUR, SALT), MILK, MOLDED HAM MOZZARELLA CHEESE (PASTURIZED MILK, CHEESE CULTURES, SALT, RENNET) GARLIC POWDER, BLACK PEPPER, GROUND, SALT

INSPECTED U.S. DEPARTMENT OF AGRICULTURE P-19629

ILYSSA MFG.
57 CONVERGE STREET
BROOKLYN, NY 11231

KEEP REFRIGERATED

SELL BY AUG23.05

NET WT. 6 PCS

CHICKEN BREAST DIJON SALAD

INGREDIENTS: BONELESS BREAST OF CHICKEN(CHICKEN, WATER, HYDROLIZED SOY PROTEIN, SALT, SODIUM PHOSPHATE), CELERY, PARSLEY, DISTILLED VINEGAR, OIL, EGGS, VINEGAR, WATER, SALT, SUGAR, LEMON JUICE, CALCIUM EDTA(PREPARED MUSTARD(DISTILLED VINEGAR, MUSTARD SEEDS, SALT, TURMERIC, MUSTARD GRAIN, SALT, GARLIC, DIJON MUSTARD(WINE VINEGAR, MUSTARD SEED, DISTILLED VINEGAR, SALT, WHITE WINE, CITRIC ACID, TARTARIC ACID & SPICES), HONEY, SEASONING, SUNDRIED TOMATOES, SPICES, SALT

INSPECTED U.S. DEPARTMENT OF AGRICULTURE P-19629

ILYSSA MFG.
57 CONVERGE STREET
BROOKLYN, NY 11231

KEEP REFRIGERATED

SELL BY SEP02.05

NET WT. 5 LB

HOMESTYLE CHICKEN SALAD

INGREDIENTS: BONELESS BREAST OF CHICKEN(CHICKEN, WATER, HYDRATED SOY PROTEIN, SALT, SODIUM PHOSPHATE), MAYONNAISE(SOYBEAN OIL, EGGS, WATER, SALT, SUGAR, LEMON JUICE, WATER, FLAVORS, CALCIUM EDTA), CELERY, SUGAR, SPICES, SALT, CELERY.

INSPECTED U.S. DEPARTMENT OF AGRICULTURE P-19629

ILYSSA MFG.
57 CONVERGE STREET
BROOKLYN, NY 11231

KEEP REFRIGERATED

SELL BY SEP02.05

NET WT. 5 LB

GRILLED BONELESS BREAST OF CHICKEN IN A BALSAMIC FLAVORED SAUCE

INGREDIENTS: BONELESS BREAST OF CHICKEN, WATER, BARBECUE SAUCE (KETCHUP (TOMATO CONCENTRATE, DISTILLED VINEGAR, SUGAR, HIGH FRUCTOSE CORN SYRUP, SALT, ONION POWDER, SPICES, GARLIC POWDER, NATURAL FLAVORING) SOYBEAN OIL, HONEY, WHITE VINEGAR, SPICES, SALT, BALSAMIC VINEGAR HYDROLYZED SOY PROTEIN, SOYBEAN OIL, SALT, SODIUM PHOSPHATE, SOLLLIONE.

INSPECTED U.S. DEPARTMENT OF AGRICULTURE P-19629

ILYSSA MFG.
57 CONVERGE STREET
BROOKLYN, NY 11231

KEEP REFRIGERATED

SELL BY SEP02.05

NET WT. 600 LB

GRILLED BONELESS BREAST OF CHICKEN IN A PESTO SAUCE

INGREDIENTS: BONELESS BREAST OF CHICKEN, WATER, PESTO SAUCE (BASIL, SHREDDED SHEEP'S MILK, CHEESE CULTURES, SALT, ENZYMES, SOYBEAN OIL, SPINACH, PARSLEY, GARLIC, LEMON JUICE, HYDROLIZED SOY PROTEIN, SALT, SODIUM PHOSPHATE.

INSPECTED U.S. DEPARTMENT OF AGRICULTURE P-19629

ILYSSA MFG.
57 CONVERGE STREET
BROOKLYN, NY 11231

KEEP REFRIGERATED

SELL BY SEP02.05

NET WT. 6 LB

GRILLED BONELESS BREAST OF CHICKEN CAJUN STYLE with TOMATO SAUCE

INGREDIENTS: BONELESS BREAST OF CHICKEN, TOMATO SAUCE (plum tomato water sugar spices soybean oil salt DRIED BONES CALCIUM LOTA added TO PRODUCT FLAVORS SPICES WHITE pepper red pepper black pepper oregano hydrolize SOY PROTEIN SALT.ONION POWDER, GARLIC POWDER DRIED PARSLEY

INSPECTED U.S. DEPARTMENT OF AGRICULTURE P-19629

ILYSSA MFG.
57 CONVERSE STREET
BROOKLYN, NY 11231

KEEP REFRIGERATED

SELL BY AUG27.05 NET WT. 5 LB

GRILLED BONELESS BREAST OF CHICKEN WITH LEMON SAUCE

INGREDIENTS: BONELESS BREAST OF CHICKEN, WATER, SOYBEAN OIL. ISOLATED SOY PROTEIN SALT LEMON JUICE,BLACK PEPPER,

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ILYSSA MFG.
57 CONVERSE STREET
BROOKLYN, NY 11231

KEEP REFRIGERATED

SELL BY AUG27.05 NET WT. 5 LB

GRILLED BONELESS BREAST OF CHICKEN IN A TERIYAKI STYLE SAUCE

INGREDIENTS: BONELESS BREAST OF CHICKEN. WATER, SOYBEAN OIL. SOY SAUCE (WATER.WHEAT. SOYBEANS.SALT. SODIUM BENZOATE. HYDROLIZED SOY PROTEIN.FERMENTED, NAT. BROWN SUGAR, SCALLIONS, SODIUM PHOSPHATE.

INSPECTED U.S. DEPARTMENT OF AGRICULTURE P-19629

ILYSSA MFG.
57 CONVERSE STREET
BROOKLYN, NY 11231

KEEP REFRIGERATED

SELL BY SEP02.05 NET WT. 5 LB

GRILLED BONELESS BREAST OF CHICKEN

INGREDIENTS:BONELESS BREAST OF CHICKEN. WATER, SOYBEAN OIL. LEMON JUICE (WATER LEMON JUICE, CITRIC ACID. FRUIT EXTRACT, GUM ACACIA. SODIUM BENZOATE. TONE YELLOW 5 & 6). ISOLATED SOY PROTEIN. SALT.BLACK PEPPER.

INSPECTED U.S. DEPARTMENT OF AGRICULTURE P-19629

ILYSSA MFG.
57 CONVERSE STREET
BROOKLYN, NY 11231

KEEP REFRIGERATED

SELL BY AUG25.05 NET WT. 5 LB

SESAME FLAVORED NOODLES WITH CHICKEN BREAST

INGREDIENTS:(WHEAT FLOUR.WATER.EGGS.SALT). BONELESS BREAST OF CHICKEN(CHICKEN.WATER.HYDROLIZED SOY PROTEIN.SALT.SODIUM BENZOATE),PEPPERS,SNOW PEAS, CARROTS.SESAME OIL, SOY SAUCE(WATER.WHEAT.SOYBEANS.SAL SODIUM BENZOATE),SPICES,DRIED PARSLEY,HONEY.SALT, SCALLIONS,

INSPECTED U.S. DEPARTMENT OF AGRICULTURE P-19629

ILYSSA MFG.
57 CONVERSE STREET
BROOKLYN, NY 11231

KEEP REFRIGERATED

SELL BY AUG29.05 NET WT. 500 LB

CHICKEN BREAST CURRY SALAD

INGREDIENTS: BREAST OF CHICKEN(CHICKEN, WATER, HYDROL. ICE NOV PROTEIN, SALT, SODIUM PHOSPHATE, SODIUM DIE(SOYBEAN OIL, EGGS, VINEGAR, WATER, SALT, SUGAR, LEMON, CALCIUM, EDTA) ORANGE MARMALADE(ORANGE, SUGAR, CORN SYRUP CITRIC ACID, SODIUM CITRATE, PECTIN, CARAMEL COLOR). CURRY, POWDER(TURMERIC, CORIANDER, MUSTARD, SALT, GINGER), SPICES, SUGAR, MYSTICS, SALT

INSPECTED U.S. DEPARTMENT OF AGRICULTURE P-19629

ILYSSA MFG.
57 COMMERCE STREET
BROOKLYN, NY 11231

KEEP REFRIGERATED

SELL BY SEP02.05

NET WT. 600 LB

CHICKEN BREAST SALAD ARIZONA BRAND MADE IN NEW YORK

INGREDIENTS: BREAST OF CHICKEN(CHICKEN, WATER, HYDROL. ICED NOV PROTEIN, SALT, SODIUM PHOSPHATE, SPICES, ONIONS TOMATO PASTE(TOMATO, WATER, CRUSH, CARAMEL COLOR, WATER, HYDROLIZED NOV & CORN PROTEIN, SOYBEAN SALT & SPICES) TOMATO PASTE, SOYBEAN OIL, WORCESTER SAUCE(WATER VINEGAR HIGH FRUCTOSE CORN SYRUP, ANCHOVIES, SOY & CORN PROTEIN, ONIONS, TAMARIND, SALT, GARLIC, CHILI PEPPER NATURAL FLAVOR SHALLOTS, MILLIS, SOYBEAN OIL, MUSTARD SEEDS, SALT TURMERIC, & SPICES, SPICEXTRACTIVES, SUGAR, SALT, CIDER VINEGAR BLACK PEPPER, CHILI POWDER.

INSPECTED U.S. DEPARTMENT OF AGRICULTURE P-19629

ILYSSA MFG.
57 COMMERCE STREET
BROOKLYN, NY 11231

KEEP REFRIGERATED

SELL BY SEP02.05

NET WT. 600 LB

GRILLED BONELESS BREAST OF CHICKEN IN A BARBECUE FLAVORED SAUCE

INGREDIENTS: BONELESS BREAST OF CHICKEN, WATER, BARBECUE SAUCE: CATSUP, TOMATO CONCENTRATE, DISTILLED VINEGAR, SUGAR, HIGH FRUCTOSE CORN SYRUP, SALT, ONION POWDER, SPICES, GARLIC POWDER, NATURAL FLAVORING SOYBEAN OIL, HONEY, SPICES, SALT, HYDROLIZED SOY PROTEIN, SOYBEAN OIL, SALT, SODIUM PHOSPHATE.

INSPECTED U.S. DEPARTMENT OF AGRICULTURE P-19629

ILYSSA MFG.
57 COMMERCE STREET
BROOKLYN, NY 11231

KEEP REFRIGERATED

SELL BY SEP02.05

NET WT. 6 LB

12oz. MAP

LEMON HERB GRILLED CHICKEN

INGREDIENTS: CHICKEN BREAST (WATER, ISOLATED SOY PROTEIN, SALT), LEMON, WATER, SOYBEAN OIL, BLACK PEPPER

Nutrition Facts

Bar size 1/2 bream (80g)
Servings 4
Calories 90
Fat Cal. 25

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 2.5g	4%	Total Carb. 1g	0%
Sat.Fat 0.5g	3%	Fiber 0g	0%
Cholest. 40mg	13%	Sugars 0g	
Sodium 250mg	10%	Protein 15g	

Vitamin A 0% Vitamin C 8% Calcium 4% Iron 2%

HEATING INSTRUCTIONS: PUNCTURE FILM OR REMOVE LID, MICROWAVE ON HIGH FOR 1 1/2 TO 2 MINUTES, OR UNTIL HOT

12oz. MAP

TERIYAKI GRILLED CHICKEN

INGREDIENTS: BONELESS BREAST OF CHICKEN, CHICKEN BREAST, WATER, ISOLATED SOY PROTEIN, SALT), SOY SAUCE(WATER, WHEAT, SOYBEANS, SALT, SODIUM BENZOATE), MUSHROOMS, SALT, BROWN SUGAR, SCALLIONS

Nutrition Facts

Bar Size 4 oz. (113g)
Servings 3
Calories 220
Fat Cal. 50

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 6g	9%	Total Carb. 2g	1%
Sat.Fat 1g	5%	Fiber 0g	0%
Cholest. 80mg	27%	Sugars 1g	
Sodium 690mg	29%	Protein 37g	

Vitamin A 0% Vitamin C 2% Calcium 2% Iron 10%

PUNCTURE FILM OR REMOVE LID, MICROWAVE ON HIGH FOR 1 1/2 TO 2 MINUTES, OR UNTIL HOT

12oz. MAP

TURKEY MEATLOAF

INGREDIENTS: GROUND TURKEY, [illegible] MODIFIED WHEAT STARCH, VITAL WHEAT GLUTEN, SOYBEAN OIL, DEXTROSE, DRIED YEAST, SALT, DOUGH CONDITIONERS (ASCORBIC ACID AND L-CYSTEINE MONOHYDROCHLORIDE), [illegible] TOMATOES, TOMATO PURÉE, EXTRA VIRGIN OLIVE OIL, SALT, GARLIC PURÉE, GARLIC, HIGH FRUCTOSE CORN SYRUP, DEHYDRATED ONIONS, CARROT PURÉE, ONIONS, SUGAR AND ASCORBIC ACID (VITAMIN C), [illegible] SALT, ZUCCHINI, YELLOW SQUASH, GINGER PEPPERS, RED PEPPERS, ROMANO CHEESE (PASTEURIZED SHEEP'S MILK, CULTURES, SALT)

Nutrition Facts

Bar size 6oz. (142g)
Servings approx. 2
Calories 270
Fat Cal. 110

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 13g	19%	Total Carb. 23g	8%
Sat.Fat 3g	17%	Fiber 15g	61%
Cholest. 100mg	33%	Sugars 1g	
Sodium 560mg	23%	Protein 30g	

Vitamin A 8% Vitamin C 70% Calcium 19% Iron 20%

HEATING INSTRUCTIONS: PUNCTURE FILM OR REMOVE LID, MICROWAVE ON HIGH FOR 1 1/2 TO 2 MINUTES, OR UNTIL HOT

12oz. MAP

PLAIN GRILLED CHICKEN

INGREDIENTS: CHICKEN BREAST (BONELESS CHICKEN BREAST, WATER, ISOLATED SOY PROTEIN, SALT)

Nutrition Facts

Bar Size 4 oz. (113g)
Servings 3
Calories 160
Fat Cal. 15

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 2g	3%	Total Carb. 0g	0%
Sat.Fat 0g	0%	Fiber 0g	0%
Cholest. 80mg	27%	Sugars 0g	
Sodium 690mg	29%	Protein 35g	

Vitamin A 0% Vitamin C 2% Calcium 0% Iron 8%

PUNCTURE FILM OR REMOVE LID, AND MICROWAVE ON HIGH FOR 1 1/2 TO 2 MINUTES OR UNTIL HOT

12oz. MAP

CHICKEN FAJITA

INGREDIENTS: BREAST OF CHICKEN (WATER, ISOLATED SOY PROTEIN, SALT), ONIONS, RED PEPPER, GREEN PEPPER, SOYBEAN OIL, SEASONINGS

Nutrition Facts

Bar Size 4oz. (113g)
Servings 3
Calories 160
Fat Cal 80

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 9g	14%	Total Carb. 5g	2%
Sat.Fat 1.5g	8%	Fiber 2g	8%
Cholest. 40mg	13%	Sugars 2g	
Sodium 420mg	18%	Protein 16g	

Vitamin A 16% Vitamin C 40% Calcium 2% Iron 8%

PUNCTURE FILM OR REMOVE LID, MICROWAVE ON HIGH FOR 1 1/2 TO 2 MINUTES OR UNTIL HOT

CHICKEN MARSALA

INGREDIENTS: CHICKEN BREAST, WATER, CHICKEN BASE (CHICKEN MEAT INCLUDING NATURAL CHICKEN JUICES, SALT, CHICKEN FAT, SUGAR, HYDROLYZED (WHEAT AND CORN GLUTEN, SOY) PROTEINS, DRIED WHEY, MALTODEXTRIN, NATURAL FLAVORING YEAST EXTRACT, PARTIALLY HYDROGENATED COTTON SEED OIL, CORN OIL, DISODIUM INOSINATE/DISODIUM GUANYLATE, CALCIUM LACTATE, LATIC ACID DEXTROSE, AND VEGETABLE COLOR (TURMERIC AND ANNATTO EXTRACTS), FLOUR (ENRICHED BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, POTASSIUM BROMATE, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID), BUTTER, MARSALA WINE, SALT, WHITE PEPPER

OPENING + 2 DAYS NEVER TO EXCEED SELL BY DATE

ILYSSA MFG.
37 COMMERCE STREET
BROOKLYN, NY 11231

SELL BY JULY 3, 2005 NET WT. 6.00 LB KEEP REFRIGERATED

CHICKEN FRANCIASE

INGREDIENTS: CHICKEN BREAST, WATER, CHICKEN BASE (CHICKEN MEAT INCLUDING NATURAL CHICKEN JUICES, SALT, CHICKEN FAT, SUGAR, HYDROLYZED (WHEAT AND CORN GLUTEN, SOY) PROTEINS, DRIED WHEY, MALTODEXTRIN, NATURAL FLAVORING, YEAST EXTRACT, PARTIALLY HYDROGENATED COTTON SEED OIL, CORN OIL, DISODIUM INOSINATE/DISODIUM GUANYLATE, CALCIUM LACTATE LATIC ACID, DEXTROSE, AND VEGETABLE COLOR (TURMERIC AND ANNATTO EXTRACTS), FLOUR (ENRICHED BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR NIACIN, REDUCED IRON, POTASSIUM BROMATE, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID), BUTTER, WHITE WINE, EGG, LEMON JUICE, SALT, WHITE PEPPER

OPENING + 2 DAYS NEVER TO EXCEED SELL BY DATE

ILYSSA MFG.
37 COMMERCE STREET
BROOKLYN, NY 11231

SELL BY JULY 3, 2005 NET WT. 6.00 LB KEEP REFRIGERATED

12 oz MAP

CHICKEN PARMIGIANA

INGREDIENTS: CHICKEN BREAST (BONELESS CHICKEN BREAST, WATER, ISOLATED SOY PROTEIN, SALT), BREADCRUMBS (WHEAT FLOUR, YEAST, DEXTROSE), PECORINO ROMANO CHEESE (PASTEURIZED SHEEP'S MILK, RENNET, SALT), PEPPER, MARINARA SAUCE (TOMATOES, SOYBEAN OIL, GARLIC, WATER, ONION, SALT, SUGAR, OREGANO, BASIL), MOZZARELLA CHEESE (PASTEURIZED COW'S MILK, CULTURES, SALT)

Nutrition Facts
Ser Size 4 oz (113g)
Servings 3
Calories 215
Fat Cal. 99
*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 11g	17%	Total Carb. 9g	3%
Sat.Fat 2g	10%	Fiber 1g	2%
Cholest. 80mg	27%	Sugars 1g	
Sodium 500mg	21%	Protein 15g	

Vitamin A 0% Vitamin C 0% Calcium 7% Iron 9%

PUNCTURE FILM OR REMOVE LID, MICROWAVE ON HIGH FOR 1 1/2 TO 2 MINUTES, OR UNTIL HOT

12oz. MAP

ITALIAN BALSAMIC GRILLED CHICKEN STRIPS

INGREDIENTS: CHICKEN BREAST (CHICKEN, WATER, ISOLATED SOY PROTEIN, SALT) SOYBEAN OIL, BALSAMIC VINEGAR, ROSEMARY

Nutrition Facts
Ser Size 4 oz (113g)
Servings 3
Calories 220
Fat Cal. 50
*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 6g	9%	Total Carb. 4g	1%
Sat.Fat 1g	5%	Fiber 0g	0%
Cholest. 85mg	28%	Sugars 3g	
Sodium 540mg	22%	Protein 37g	

Vitamin A 0% Vitamin C 4% Calcium 4% Iron 10%

HEATING INSTRUCTIONS: PUNCTURE FILM OR REMOVE LID, MICROWAVE ON HIGH FOR 1 1/2 TO 2 MINUTES, OR UNTIL HOT

DISTRIBUTED BY: KINGS SUPER MARKETS, PARSIPPANY, N.J. 07054

12oz MAP

GRILLED CHICKEN & PASTA PRIMAVERA

INGREDIENTS: PASTA PRIMAVERA (PASTA (DURUM SEMOLINA WHEAT FLOUR, WATER, EGG, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), CARROT, GREEN PEPPER, RED PEPPER, RED ONION, ZUCCHINI, YELLOW SQUASH, SOYBEAN OIL, WHITE VINEGAR, SALT, PEPPER, PARSLEY), GRILLED CHICKEN (CHICKEN BREAST, WATER, ISOLATED SOY PROTEIN, SOYBEAN OIL, TOMATO PASTE, WHITE VINEGAR, BALSAMIC VINEGAR, CONTAINS SULFITES), ANISE SEED, DRIED PARSLEY, BASIL, OREGANO, BLACK PEPPER, SALT, CRUSHED RED PEPPER

Nutrition Facts
Ser Size 4 oz. (113g)
Servings 3
Calories 200
Fat Cal. 120
*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 13g	18%	Total Carb. 15g	5%
Sat.Fat 2g	10%	Fiber 2g	8%
Cholest. 20mg	7%	Sugars 2g	
Sodium 685mg	29%	Protein 10g	

Vitamin A 0% Vitamin C 6% Calcium 4% Iron 7%

HEATING INSTRUCTIONS: PUNCTURE FILM OR REMOVE LID, MICROWAVE ON HIGH FOR 1 1/2 TO 2 MINUTES, OR UNTIL HOT

12oz. MAP

CHICKEN FINGERS with HONEY MUSTARD DRESSING

INGREDIENTS: CHICKEN TENDERMINCHES, (BONELESS CHICKEN BREAST, WATER, ISOLATED SOY PROTEIN, SALT), BREADCRUMBS (WHEAT FLOUR, YEAST, DEXTROSE), PECORINO ROMANO CHEESE (PASTEURIZED SHEEP'S MILK, RENNET, SALT), PEPPER, HONEY MUSTARD, (HONEY, WATER, DISTILLED VINEGAR, MUSTARD SEED, SALT, MUSTARD BRAN, TURMERIC, PAPRIKA NATURAL FLAVORS)

Nutrition Facts
Ser Size 4 oz. (113g)
Servings 3
Calories 87
Fat Cal. 43
*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 5g	12%	Total Carb. 3g	2%
Sat.Fat 1g	7%	Fiber 0g	0%
Cholest. 17mg	6%	Sugars 1g	
Sodium 120mg	5%	Protein 6g	

Vitamin A 0% Vitamin C 4% Calcium 0% Iron 0%

PUNCTURE FILM OR REMOVE LID, MICROWAVE ON HIGH FOR 1 1/2 TO 2 MINUTES, OR UNTIL HOT

12oz MAP

GRILLED CHICKEN STRIPS

INGREDIENTS: CHICKEN BREAST (BONELESS CHICKEN BREAST, WATER, ISOLATED SOY PROTEIN, SALT)

Nutrition Facts
Ser Size 4 oz (113g)
Servings 3
Calories 160
Fat Cal. 15
*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 2g	3%	Total Carb. 0g	0%
Sat.Fat 0g	0%	Fiber 0g	0%
Cholest. 80mg	27%	Sugars 0g	
Sodium 690mg	29%	Protein 35g	

Vitamin A 0% Vitamin C 2% Calcium 0% Iron 0%

HEATING INSTRUCTIONS: PUNCTURE FILM OR REMOVE LID, MICROWAVE ON HIGH FOR 1 1/2 TO 2 MINUTES, OR UNTIL HOT

12oz. MAP

ITALIAN BALSAMIC GRILLED CHICKEN

INGREDIENTS: CHICKEN BREAST (CHICKEN, WATER, ISOLATED SOY PROTEIN, SALT), SOYBEAN OIL, BALSAMIC VINEGAR, ROSEMARY

Nutrition Facts
Ser Size 4 oz (113 grams)
Servings 3
Calories 220
Fat Cal. 50
*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 6g	9%	Total Carb. 4g	1%
Sat.Fat 1g	5%	Fiber 0g	0%
Cholest. 85mg	28%	Sugars 3g	
Sodium 540mg	22%	Protein 37g	

Vitamin A 0% Vitamin C 4% Calcium 4% Iron 10%

PUNCTURE FILM OR REMOVE LID, AND MICROWAVE ON HIGH FOR 1 1/2 TO 2 MINUTES, OR UNTIL HOT

12oz. MAP

PESTO GRILLED CHICKEN

INGREDIENTS: BONELESS BREAST OF CHICKEN (WATER, ISOLATED SOY PROTEIN, SALT) PESTO SAUCE (ROMANO CHEESE (SHEEP'S MILK, CHEESE CULTURES, SALT, ENZYMES), SOYBEAN OIL, SPINACH, PARSLEY, GARLIC, LEMON JUICE), ISOLATED SOY PROTEIN, SALT)

Nutrition Facts
Ser Size 4 oz. (113g)
Servings 3
Calories 260
Fat Cal. 180
*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 20g	31%	Total Carb. 1g	0%
Sat.Fat 4g	19%	Fiber less than 1g	3%
Cholest. 45mg	15%	Sugars 0g	
Sodium 320mg	13%	Protein 18g	

Vitamin A 18% Vitamin C 10% Calcium 0% Iron 4%

PUNCTURE FILM OR REMOVE LID, AND MICROWAVE ON HIGH FOR 1 1/2 TO 2 MINUTES, OR UNTIL HOT

12oz. MAP

BARBEQUE GRILLED CHICKEN

INGREDIENTS: GRILLED CHICKEN (BONELESS BREAST, WATER, ISOLATED SOY PROTEIN, SALT), BARBEQUE SAUCE (KETCHUP, HONEY, SOYBEAN OIL, WHITE VINEGAR, BROWN SUGAR, DIJON MUSTARD, ORANGE JUICE, WORCESTERSHIRE SAUCE, SOY SAUCE, TABASCO, SMOKE FLAVORS)

Nutrition Facts
Ser Size 4 oz. (113g)
Servings 3
Calories 160
Fat Cal. 45
*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 5g	8%	Total Carb. 12g	4%
Sat.Fat 1g	5%	Fiber 0g	0%
Cholest. 40mg	14%	Sugars 11g	
Sodium 670mg	28%	Protein 18g	

Vitamin A 6% Vitamin C 10% Calcium 0% Iron 4%

PUNCTURE FILM OR REMOVE LID, AND MICROWAVE ON HIGH FOR 1 1/2 TO 2 MINUTES, OR UNTIL HOT

GRILLED ITALIAN CHICKEN WRAP

INGREDIENTS: TORTILLA (ENRICHED BLEACHED WHEAT FLOUR (NIACIN, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1) RIBOFLAVIN (VITAMIN B2) FOLIC ACID), WATER, VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN AND/OR COTTONSEED OILS), LESS THAN 2% OF THE FOLLOWING: SALT, CALCIUM SULFATE, DEXTROSE, POTASSIUM SORBATE & CALCIUM PROPIONATE (PRESERVATIVES), BAKING SODA, SODIUM ALUMINUM PHOSPHATE, FUMARIC ACID, VINEGAR, MONO & DIGLYCERIDES, GUAR GUM, CARBOXYMETHYL CELLULOSE, SODIUM METABISULFITE), CHICKEN BREAST (WATER, ISOLATED SOY PROTEIN, BALSAMIC VINEGAR, ROSEMARY, SOYBEAN OIL, SALT AND PEPPER), RED PEPPER, BREADED EGGPLANT (EGGPLANT, EGG FLOUR, BREADCRUMB, CANOLA OIL), GREEN LEAF LETTUCE, DECORED ROMANO CHEESE (SHEEP'S MILK CURD, RENNET, SALT)

Nutrition Facts	Amount/serving	%DV*	Amount/serving	%DV*
Ser Size 1/2 WRAP (128g)	Total Fat 8g	12%	Total Carb. 30g	10%
Servings 2	Sat.Fat 3g	14%	Fiber 2g	7%
Calories 270	Cholest. 45mg	15%	Sugars 3g	
Fat Cal. 70	Sodium 590mg	25%	Protein 18g	
*Percent Daily Values(DV)are based on a 2,000 calorie diet	Vitamin A 8%	Vitamin C 15%	Calcium 25%	Iron 15%

6 49463 00813 2

TURKEY, SWISS & CRANBERRY WRAP

INGREDIENTS: HONEY WHEAT TORTILLA (DEHYDRATED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID) TURKEY BREAST, SWISS CHEESE (PASTURIZED MILK CULTURES, SALT, ENZYMES) TOMATO, LETTUCE, DRESSING (MAYONNAISE (SOYBEAN OIL, WATER, EGGS, VINEGAR, DEXTROSE, SPICES, CRANBERRIES, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, WATER)

ONCE OPENED, PLUS ONE DAY NEVER TO EXCEED SELL BY DATE

SELL BY AUG 05. 2005

NET WT. 8 PCS

ILVERA MANUFACTURING
57 Commerce Street
Brooklyn, NY 11231

KEEP REFRIGERATED

CHICKEN PARMIGIANA WRAP

INGREDIENTS: TORTILLA (ENRICHED BLEACHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1) RIBOFLAVIN (VITAMIN B2) FOLIC ACID), WATER, VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN AND/OR COTTONSEED OILS), LESS THAN 2% OF THE FOLLOWING: SALT, CALCIUM SULFATE, DEXTROSE, POTASSIUM SORBATE & CALCIUM PROPIONATE (PRESERVATIVES), BAKING SODA, SODIUM ALUMINUM PHOSPHATE, FUMARIC ACID, VINEGAR, MONO & DIGLYCERIDES, GUAR GUM, CARBOXYMETHYL CELLULOSE, SODIUM METABISULFITE), CHICKEN BREAST (WATER, ISOLATED SOY PROTEIN, SALT, DRESSING (MAYONNAISE (SOYBEAN OIL, WATER, EGGS, VINEGAR, SALT, SUGAR, DEXTROSE, SPICES) SOUR CREAM (PASTEURIZED MILK, CREAM, MALTODEXTRIN, MODIFIED FOOD STARCH, SODIUM PHOSPHATE, GUAR GUM, CARRAGEENAN, LOCUST BEAN GUM, POTASSIUM SORBATE), SOYBEAN OIL, ROMANO CHEESE (PASTEURIZED SHEEP'S MILK, RENNET, SALT) ONION, PEPPER, GARLIC, SALT

Nutrition Facts	Amount/serving	%DV*	Amount/serving	%DV*
Ser Size 1/2 WRAP (127g)	Total Fat 9g	13%	Total Carb. 32g	11%
Servings 2	Sat.Fat 2.5g	12%	Fiber 2g	8%
Calories 290	Cholest. 80mg	20%	Sugars 2g	
Fat Cal. 80	Sodium 780mg	31%	Protein 19g	
*Percent Daily Values(DV)are based on a 2,000 calorie diet	Vitamin A 8%	Vitamin C 6%	Calcium 30%	Iron 15%

HEATING INSTRUCTIONS: MICROWAVE ON HIGH FOR 1 MINUTE

6 49463 00835 4

SOUTHWEST CHICKEN WRAP

FLOUR TORTILLA (ENRICHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID) GRILLED CHICKEN (BONELESS BREAST, WATER, HYDROLIZED SOY PROTEIN, SALT, SODIUM TRIPOLYPHOSPHATE) CORN, GREEN AND RED PEPPER, CHIPOTLE DRESSING (MAYONNAISE (SOYBEAN OIL, WATER, EGGS, VINEGAR, DEXTROSE, SPICES) CHIPOTLE POWDER) CHEDDAR CHEESE (PASTURIZED MILK CULTURES SALT, ENZYMES, POWDERED CELLULOSE, ANNATTO) SPICES

ONCE OPENED, PLUS ONE DAY NEVER TO EXCEED SELL BY DATE

SELL BY AUG 05. 2005

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Brooklyn, NY 11231

KEEP REFRIGERATED

CHICKEN CAESAR WRAP

INGREDIENTS: TORTILLA (ENRICHED BLEACHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1) RIBOFLAVIN (VITAMIN B2) FOLIC ACID), WATER, VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN AND/OR COTTONSEED OILS), LESS THAN 2% OF THE FOLLOWING: SALT, CALCIUM SULFATE, DEXTROSE, POTASSIUM SORBATE & CALCIUM PROPIONATE (PRESERVATIVES), BAKING SODA, SODIUM ALUMINUM PHOSPHATE, FUMARIC ACID, VINEGAR, MONO & DIGLYCERIDES, GUAR GUM, CARBOXYMETHYL CELLULOSE, SODIUM METABISULFITE), GRILLED CHICKEN BONELESS BREAST, WATER, ISOLATED SOY PROTEIN, SALT), DRESSING THICK (PASTEURIZED BRINE MILK, MAYONNAISE (SOYBEAN OIL, WATER, EGGS, VINEGAR, SALT, SUGAR, DEXTROSE, SPICES) SOUR CREAM (PASTEURIZED MILK, CREAM, MALTODEXTRIN, MODIFIED FOOD STARCH, SODIUM PHOSPHATE, GUAR GUM, CARRAGEENAN, LOCUST BEAN GUM, POTASSIUM SORBATE), SOYBEAN OIL, ROMANO CHEESE (PASTEURIZED SHEEP'S MILK, RENNET, SALT) ONION, PEPPER, GARLIC, SALT

Nutrition Facts	Amount/serving	%DV*	Amount/serving	%DV*
Ser Size 1/2 WRAP (127g)	Total Fat 13g	19%	Total Carb. 27g	9%
Servings 2	Sat.Fat 3g	16%	Fiber 1g	5%
Calories 310	Cholest. 55mg	18%	Sugars 2g	
Fat Cal. 110	Sodium 450mg	19%	Protein 23g	
*Percent Daily Values(DV)are based on a 2,000 calorie diet	Vitamin A 8%	Vitamin C 4%	Calcium 25%	Iron 15%

6 49463 00814 9

CHICKEN CORDON BLUE WRAP

CAESAR FLAVORED TORTILLA (BLEACHED ENRICHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, HYDROGENATED SOYBEAN AND COTTON SEED OILS WITH MONO AND DIGLYCERIDES) CHICKEN (BONELESS BREAST, WATER HYDROLIZED SOY PROTEIN, SODIUM TRIPOLYPHOSPHATE) BREAD CRUMBS, EGGS, MILK FLOUR, WHITE PEPPER, GARLIC, ROMANO CHEESE, HAM, SWISS CHEESE, DIJONNAISE (MAYONNAISE (SOYBEAN OIL, WATER, EGG, VINEGAR, SALT, LEMON JUICE, NATURAL FLAVORS

ONCE OPENED, PLUS ONE DAY NEVER TO EXCEED SELL BY DATE

SELL BY AUG 05, 2005

NET WT. 8 PCS

ILVERA MANUFACTURING
57 Commerce Street
Brooklyn, NY 11231

KEEP REFRIGERATED

CAJUN CHICKEN WRAP

INGREDIENTS: ROASTED RED PEPPER TORTILLA (ENRICHED BLEACHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1) RIBOFLAVIN (VITAMIN B2), FOLIC ACID), WATER, VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN AND/OR COTTONSEED OILS), LESS THAN 2% OF THE FOLLOWING: SPICES, SALT, CALCIUM SULFATE, DEXTROSE, POTASSIUM SORBATE & CALCIUM PROPIONATE (PRESERVATIVES), BAKING SODA, SODIUM ALUMINUM PHOSPHATE, FUMARIC ACID, VINEGAR, MONO AND DIGLYCERIDES, GUAR GUM, CARBOXYMETHYL CELLULOSE, SODIUM METABISULFITE, GUAR EXTRACTIVES, SILICON DIOXIDE), GRILLED CHICKEN BREAST (CHICKEN, WATER, ISOLATED SOY PROTEIN, SALT, ONION POWDER, GARLIC POWDER, WHITE PEPPER, RED PEPPER, BLACK PEPPER, OREGANO, TOMATO SAUCE (PLUM TOMATO, WATER, SUGAR, SPICES, SOYBEAN OIL, SALT), DRIED HERBS, CALCIUM EDTA ADDED TO PROTECT FLAVORS), TOMATO, LETTUCE, BLUE CHEESE (POWDERED MILK, CHEESE CULTURES, SALT, ENZYMES, POWDERED CELLULOSE)

Nutrition Facts	Amount/serving	%DV*	Amount/serving	%DV*
Ser Size 1/2 WRAP (127g)	Total Fat 9g	16%	Total Carb. 29g	10%
Servings 2	Sat.Fat 3g	14%	Fiber 2g	8%
Calories 280	Cholest. 45mg	15%	Sugars 2g	
Fat Cal. 90	Sodium 870mg	28%	Protein 21g	
*Percent Daily Values(DV)are based on a 2,000 calorie diet	Vitamin A 15%	Vitamin C 10%	Calcium 10%	Iron 15%

6 49463 00815 6

"UNDER 10" BALSAMIC CHICKEN & PROVOLONE WRAP

INGREDIENTS: BALSAMIC CHICKEN (BONELESS BREAST, WATER, SOYBEAN OIL, ISOLATED SOY PROTEIN, SALT, SODIUM TRIPOLYPHOSPHATE, BALSAMIC VINEGAR, ROSEMARY), TORTILLA (WATER, WHEAT GLUTEN, CORN STARCH, WHOLE WHEAT FLOUR, OAT FIBER, ISOLATED SOY PROTEIN, SOY FLOUR, SOY OIL, SESAME FLOUR, SALT, SODIUM ACID PYROPHOSPHATE, DEXTROSE, SODIUM BICARBONATE, FUMARIC ACID, CALCIUM PROPIONATE, POTASSIUM SORBATE, MONO & DIGLYCERIDES, GUM BLEND, SODIUM METABISULFITE), ROASTED RED PEPPER, PROVOLONE CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), LETTUCE, DRESSING (SOYBEAN OIL, WATER, DIJON MUSTARD (DIJON MUSTARD SEEDS, WATER, WHITE WINE, SALT, SPICES), MAYONNAISE (SOYBEAN OIL, WATER, EGG, VINEGAR, SALT, SUGAR, DEXTROSE, AND SPICES)

Nutrition Facts	Amount/serving	%DV*	Amount/serving	%DV*
Ser Size 1 Wrap (200g)	Total Fat 14g	22%	Total Carb. 19g	6%
Servings 1	Sat. Fat 4g	20%	Fiber 10g	40%
Calories 360	Cholest. 40mg	14%	Sugars 4g	
Fat Cal. 130	Sodium 1020mg	43%	Protein 36g	

*Percent Daily Values (DV) are based on a 2,000 calorie diet. Vitamin A 8% Vitamin C 30% Calcium 20% Iron 10%

TURKEY & SWISS WRAP

INGREDIENTS: CEASAR TORTILLA (ENRICHED BLEACHED WHEAT FLOUR, (NIACIN, REDUCED IRON, THIAMINE MONONITRATE, (VITAMIN B1), RIBOFLAVIN, (VITAMIN B2), FOLIC ACID), WATER, VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN AND/OR COTTONSEED OILS), GARLIC, SPICES, CITRIC ACID, PARSLEY, MUSTARD POWDER, RED BELL PEPPER, GARLIC OIL, LESS THAN 2% OF THE FOLLOWING: SALT, CALCIUM SULFATE, DEXTROSE, POTASSIUM SORBATE & CALCIUM PROPIONATE, BAKING SODA, SODIUM ALUMINUM PHOSPHATE, FUMARIC ACID, VINEGAR, MONO AND DIGLYCERIDES, GUAR GUM, CARBOXYMETHYL CELLULOSE, SODIUM METABISULFITE), ROAST TURKEY, (ROSEMARY, SALT AND PEPPER), TOMATO, SWISS CHEESE, HONEY MUSTARD, (DISTILLED VINEGAR MUSTARD SEED, SALT, TURMERIC, HONEY AND SPICES), GREEN LEAF LETTUCE

Nutrition Facts	Amount/serving	%DV*	Amount/serving	%DV*
Ser Size 1/2 WRAP (127g)	Total Fat 9g	16%	Total Carb. 31g	10%
Servings 2	Sat. Fat 3g	18%	Fiber 1g	5%
Calories 290	Cholest. 35mg	11%	Sugars 5g	
Fat Cal. 90	Sodium 480mg	20%	Protein 19g	

*Percent Daily Values (DV) are based on a 2,000 calorie diet. Vitamin A 8% Vitamin C 8% Calcium 20% Iron 15%

"UNDER 10" SMOKED TURKEY WRAP

INGREDIENTS: SMOKED TURKEY (BONELESS BREAST, WATER, SALT, DEXTROSE, HYDROLYZED SOY PROTEIN, SUGAR, MODIFIED FOOD STARCH, CARRAGEENAN, SODIUM PHOSPHATE, VEGETABLE OIL), TORTILLA (WATER, WHEAT GLUTEN, CORN STARCH, WHOLE WHEAT FLOUR, OAT FIBER, ISOLATED SOY PROTEIN, SOY FLOUR, SOY OIL, SESAME FLOUR, SALT, SODIUM ACID PYROPHOSPHATE, DEXTROSE, SODIUM BICARBONATE, FUMARIC ACID, CALCIUM PROPIONATE, POTASSIUM SORBATE, MONO & DIGLYCERIDES, GUM BLEND, SODIUM METABISULFITE), TOMATO, SWISS CHEESE (PASTEURIZED COW'S MILK, CHEESE CULTURES, SALT, ENZYMES), LETTUCE, MAYONNAISE (SOYBEAN OIL, WATER, EGGS, VINEGAR, SALT, LEMON JUICE, NATURAL FLAVORS, CALCIUM EDTA), SUNDRIED TOMATOES

Nutrition Facts	Amount/serving	%DV*	Amount/serving	%DV*
Ser Size 1 Wrap (200g)	Total Fat 17g	26%	Total Carb. 19g	6%
Servings 1	Sat. Fat 8g	28%	Fiber 10g	40%
Calories 350	Cholest. 60mg	21%	Sugars 3g	
Fat Cal. 150	Sodium 1230mg	51%	Protein 28g	

*Percent Daily Values (DV) are based on a 2,000 calorie diet. Vitamin A 8% Vitamin C 15% Calcium 8% Iron 14%

SMOKED TURKEY & SUNDRIED TOMATO WRAP

INGREDIENTS: TORTILLA (ENRICHED BLEACHED WHEAT FLOUR, (NIACIN, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID), WATER, VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN AND/OR COTTONSEED OILS), LESS THAN 2% OF THE FOLLOWING: SALT, CALCIUM SULFATE, DEXTROSE, POTASSIUM SORBATE & CALCIUM PROPIONATE, BAKING SODA, SODIUM ALUMINUM PHOSPHATE, FUMARIC ACID, VINEGAR, MONO AND DIGLYCERIDES, GUAR GUM, CARBOXYMETHYL CELLULOSE, SODIUM METABISULFITE), SMOKED TURKEY BREAST, BROTH, SALT, DEXTROSE, GUAR, CARRAGEENAN, MODIFIED FOOD STARCH, SODIUM PHOSPHATE, VEGETABLE OIL), SUNDRIED TOMATOES (TOMATOES, SOYBEAN OIL, WATER, SOY OIL, VINEGAR, SALT, SPICES AND SPICES), GREEN LEAF LETTUCE, APPLE, CARROT

Nutrition Facts	Amount/serving	%DV*	Amount/serving	%DV*
Ser Size 1/2 WRAP (127g)	Total Fat 14g	22%	Total Carb. 34g	11%
Servings 2	Sat. Fat 2.5g	13%	Fiber 4g	16%
Calories 310	Cholest. 25mg	8%	Sugars 4g	
Fat Cal. 130	Sodium 820mg	34%	Protein 14g	

*Percent Daily Values (DV) are based on a 2,000 calorie diet. Vitamin A 30% Vitamin C 10% Calcium 25% Iron 13%

"UNDER 10" ROAST TURKEY & BLACK FOREST HAM WRAP

INGREDIENTS: TORTILLA (WATER, WHEAT GLUTEN, CORN STARCH, WHOLE WHEAT FLOUR, OAT FIBER, ISOLATED SOY PROTEIN, SOY FLOUR, SOY OIL, SESAME FLOUR, SALT, SODIUM ACID PYROPHOSPHATE, DEXTROSE, SODIUM BICARBONATE, FUMARIC ACID, CALCIUM PROPIONATE, POTASSIUM SORBATE, MONO & DIGLYCERIDES, GUAR GUM, SODIUM METABISULFITE), ROAST TURKEY (BONELESS TURKEY BREAST), BLACK FOREST HAM (BONELESS HAM WITH WATER, SALT, DEXTROSE, SODIUM PHOSPHATE, SMOKE FLAVORING, SODIUM ERYTHORBATE, SODIUM NITRITE), LETTUCE, SWISS CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), DRESSING (MAYONNAISE (SOYBEAN OIL, WATER, EGGS, VINEGAR, SALT, LEMON JUICE, NATURAL FLAVORS, CALCIUM EDTA), DIJON MUSTARD (BLACK MUSTARD SEED, VINEGAR, WHITE WINE, SALT, SPICES))

Nutrition Facts	Amount/serving	%DV*	Amount/serving	%DV*
Ser Size 1 Wrap (200g)	Total Fat 15g	23%	Total Carb. 18g	6%
Servings 1	Sat. Fat 5g	24%	Fiber 10g	41%
Calories 370	Cholest. 70mg	24%	Sugars 3g	
Fat Cal. 130	Sodium 700mg	29%	Protein 38g	

*Percent Daily Values (DV) are based on a 2,000 calorie diet. Vitamin A 8% Vitamin C 10% Calcium 20% Iron 10%

MEATBALL PARMAGIANA WRAP

INGREDIENTS: TORTILLA (ENRICHED BLEACHED WHEAT FLOUR (NIACIN, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID), WATER, VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN AND/OR COTTONSEED OILS), LESS THAN 2% OF THE FOLLOWING: SALT, CALCIUM SULFATE, DEXTROSE, POTASSIUM SORBATE & CALCIUM PROPIONATE, BAKING SODA, SODIUM ALUMINUM PHOSPHATE, FUMARIC ACID, VINEGAR, MONO & DIGLYCERIDES, GUAR GUM, CARBOXYMETHYL CELLULOSE, SODIUM METABISULFITE), MEATBALLS (BEEF, PORK, WATER, TOMATO PASTE, SOYBEAN OIL, ONIONS, GARLIC, SUGAR, SALT, ORIGANO, BASIL), ROMANO CHEESE (PASTEURIZED CULTURED MILK, ENZYMES, SALT), MOZZARELLA CHEESE (PASTEURIZED CULTURED MILK, ENZYMES, SALT)

Nutrition Facts	Amount/serving	%DV*	Amount/serving	%DV*
Ser Size 1/2 wrap (127g)	Total Fat 14g	21%	Total Carb. 33g	11%
Servings 2	Sat. Fat 6g	28%	Fiber 2g	7%
Calories 330	Cholest. 55mg	18%	Sugars 2g	
Fat Cal. 130	Sodium 640mg	27%	Protein 19g	

*Percent Daily Values (DV) are based on a 2,000 calorie diet. Vitamin A 6% Vitamin C 6% Calcium 35% Iron 20%

"UNDER 10" CAJUN CHICKEN WRAP

INGREDIENTS: CAJUN CHICKEN (BONELESS BREAST, WATER, SOYBEAN OIL, ISOLATED SOY PROTEIN, SALT, SODIUM TRIPOLYPHOSPHATE, CHILI POWDER, PARSLEY, CLOVE, THYME, OREGANO, BLACK PEPPER, WHITE PEPPER, ONION POWDER, CAYENNE), TORTILLA (WATER, WHEAT GLUTEN, CORN STARCH, WHOLE WHEAT FLOUR, OAT FIBER, ISOLATED SOY PROTEIN, SOY FLOUR, SOY OIL, SESAME FLOUR, SALT, SODIUM ACID PYROPHOSPHATE, DEXTROSE, SODIUM BICARBONATE, FUMARIC ACID, CALCIUM PROPIONATE, POTASSIUM SORBATE, MONO & DIGLYCERIDES, GUAR GUM, SODIUM METABISULFITE), TOMATO, MONTERY JACK CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), CAJUN MAYONNAISE (SOYBEAN OIL, WATER, EGGS, VINEGAR, SALT, LEMON JUICE, NATURAL FLAVORS, CALCIUM EDTA, SPICES), LETTUCE

Nutrition Facts	Amount/serving	%DV*	Amount/serving	%DV*
Ser Size 1 Wrap (200g)	Total Fat 16g	24%	Total Carb. 22g	7%
Servings 1	Sat. Fat 5g	24%	Fiber 13g	52%
Calories 360	Cholest. 65mg	21%	Sugars 2g	
Fat Cal. 140	Sodium 910mg	38%	Protein 34g	

*Percent Daily Values (DV) are based on a 2,000 calorie diet. Vitamin A 35% Vitamin C 20% Calcium 20% Iron 15%

ITALIAN "HERO" WRAP

INGREDIENTS: TORTILLA (ENRICHED BLEACHED WHEAT FLOUR (NIACIN, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID), WATER, VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN AND/OR COTTONSEED OILS), LESS THAN 2% OF THE FOLLOWING: SALT, CALCIUM SULFATE, DEXTROSE, POTASSIUM SORBATE & CALCIUM PROPIONATE (PRESERVATIVES), BAKING SODA, SODIUM ALUMINUM PHOSPHATE, FUMARIC ACID, VINEGAR, MONO & DIGLYCERIDES, GUAR GUM, CARBOXYMETHYL CELLULOSE, SODIUM METABISULFITE), HAM (WATER, DEXTROSE, SALT, SUGAR, MODIFIED CORN STARCH, CORN SYRUP SOLIDS, SODIUM PHOSPHATE, SODIUM NITRITE), SALAMI (PORK, BEEF HEARTS, BEEF, SALT, DEXTROSE, CORN SYRUP, SODIUM ASCORBATE, CANDIED LACTIC ACID, STARTER CULTURE, POTASSIUM NITRATE, SODIUM NITRITE, BHA, BHT, AND CITRIC ACID), PROVOLONE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), SOYBEAN OIL, DRESSING (

Nutrition Facts	Amount/serving	%DV*	Amount/serving	%DV*
Ser Size 1/2 Wrap (127g)	Total Fat 21g	32%	Total Carb. 28g	[illegible]
Servings 2	Sat. Fat 8g	38%	Fiber 1g	[illegible]
Calories 380	Cholest. 45mg	14%	Sugars 3g	
Fat Cal. 190	Sodium 1720mg	72%	Protein 19g	

*Percent Daily Values (DV) are based on a 2,000 calorie diet. Vitamin A 8% Vitamin C 0% Calcium 25% Iron 10%

GG 12 oz.

CHICKEN BRUSCHETTA SALAD

INGREDIENTS: BONELESS BREAST OF CHICKEN (CHICKEN, WATER, ISOLATED SOY PROTEIN, SALT), TOMATOES, ONIONS, SOYBEAN OIL, GARLIC, BALSAMIC VINEGAR, BASIL, OREGANO, PARSLEY, SALT, PEPPER

Nutrition Facts
Ser Size 4 oz. (113g)
Servings 2
Calories 170
Fat Cal. 120
*Percent Daily Values(DV)are based on a 2,000 calorie die.

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 13g	20%	Total Carb. 5g	2%
Sat.Fat 2g	10%	Fiber 1g	5%
Cholest. 25mg	8%	Sugars 3g	
Sodium 330mg	14%	Protein 10g	

Vitamin A 4% Vitamin C 20% Calcium 2% Iron 6%

GG 12 oz.

CHICKEN PAELLA WITH ORZO

INGREDIENTS: ORZO (DURUM FLOUR, NIACIN, FERROUS SULFATE, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), RED KIDNEY BEANS, BLACK BEANS, PLUM TOMATO, CHICKEN BREAST(WATER, ISOLATED SOY PROTEIN, SALT), SOYBEAN OIL, BALSAMIC VINEGAR, GARLIC, WHITE VINEGAR, SALT, TURMERIC, BACON, BLACK PEPPER

Nutrition Facts
Ser Size 4 oz. (113g)
Servings
Calories 180
Fat Cal. 80
*Percent Daily Values(DV)are based on a 2,000 calorie die.

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 8g	10%	Total Carb. 22g	7%
Sat.Fat 1g	6%	Fiber 3g	13%
Cholest. 10mg	3%	Sugars 3g	
Sodium 460mg	19%	Protein 10g	

Vitamin A 8% Vitamin C 10% Calcium 4% Iron 10%

GG 12 oz.

SOUTHWEST CHICKEN FAJITA

INGREDIENTS: BLACK BEANS, CORN, RED PEPPER, GREEN PEPPER, RED ONION, TOMATO, CHICKEN BREAST (WATER, ISOLATED SOY PROTEIN, SALT), SOYBEAN OIL, DISTILLED WHITE VINEGAR, SALT, BLACK PEPPER, SPICES

Nutrition Facts
Ser Size 4 oz. (113g)
Servings
Calories 190
Fat Cal. 100
*Percent Daily Values(DV)are based on a 2,000 calorie die.

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 11g	17%	Total Carb. 16g	5%
Sat.Fat 1.5g	8%	Fiber 3g	13%
Cholest. 5mg	2%	Sugars 2g	
Sodium 240g	10%	Protein 8g	

Vitamin A 8% Vitamin C 35% Calcium 4% Iron 8%

GG 8 oz

DIJON CHICKEN SALAD

INGREDIENTS: POACHED CHICKEN BREAST, DICED RED ONION, DIJON MUSTARD, SUGAR, WHITE VINEGAR, DILL, SALT, BLACK PEPPER, MAYONNAISE (SOYBEAN OIL, WATER, EGG YOLKS, VINEGAR, SALT, SUGAR, DEXTROSE, SPICES)

Nutrition Facts
Ser Size 4oz. (112g)
Servings 2
Calories 340
Fat Cal. 243
*Percent Daily Values(DV)are based on a 2,000 calorie die.

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 27g	43%	Total Carb. 1g	0%
Sat.Fat 7g	35%	Fiber 0g	0%
Cholest. 76mg	24%	Sugars 0g	
Sodium 230mg	10%	Protein 21g	

Vitamin A 1% Vitamin C 0% Calcium 1% Iron 3%

GG 8 oz.

CURRIED CHICKEN SALAD

INGREDIENTS: CHICKEN BREAST(WATER, ISOLATED SOY PROTEIN, SALT), MAYONNAISE (SOYBEAN OIL, EGGS, VINEGAR, WATER, SALT, SUGAR, LEMON, CALCIUM, EDTA), ORANGE MARMALADE (SUGAR, ORANGES, CORN SYRUP, CITRIC ACID, SODIUM CITRATE, PECTIN, CARAMEL COLOR), CURRY POWDER, TURMERIC, CARROTS, RAISINS, WALNUTS

Nutrition Facts
Ser Size 4oz. (113g)
Servings 2
Calories 330
Fat Cal. 250
*Percent Daily Values(DV)are based on a 2,000 calorie die.

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 28g	43%	Total Carb. 10g	3%
Sat.Fat 4g	21%	Fiber 2g	8%
Cholest. 40mg	14%	Sugars 5g	
Sodium 350mg	15%	Protein 10g	

Vitamin A 20% Vitamin C 5% Calcium 4% Iron 10%

SIMPLE PLEASURE WRAPINI

INGREDIENTS: HONEY WHEAT TORTILLA (DENYDRATED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID) TURKEY BREAST, SWISS CHEESE (PASTURIZED MILK CULTURES, SALT ENZYMES) TOMATO, LETTUCE, DRESSING (MAYONNAISE (SOYBEAN OIL, WATER, EGGS, VINEGAR, DEXTROSE, SPICES,CRANBERRIES, HIGH FRUCTOSE CORN SYRUP CORN SYRUP, WATER)

ILYSSA MFG.
47 COMMERCE STREET
BROOKLYN, NY 11231

SELL BY AUG 09 2005 | NET WT 8 PCS. | KEEP REFRIGERATED

PLAIN TURKEY BURGERS

INGREDIENTS: GROUND TURKEY MEAT, JAPANESE BREADCRUMBS, WATER, EGGS, GRANULATED GARLIC, DRIED PARSLEY, DEHYDRATED CHOPPED ONIONS, LEMON JUICE, GRATED PECORINO ROMANO CHEESE (CHICKEN BASE (CHICKEN MEAT INCLUDING NATURAL CHICKEN JUICES), SALT, CHICKEN FAT, SUGAR, HYDROLYZED (WHEAT AND CORN GLUTEN, SOY) PROTEIN, DRIED WHEY, MALTODEXTRIN, NATURAL FLAVORING, YEAST EXTRACT, PARTIALLY HYDROGENATED COTTON SEED OIL, CORN OIL, DISODIUM INOSINATE/DISODIUM GUANYLATE, CALCIUM LACTATE, LACTIC ACID, DEXTROSE, AND VEGETABLE COLOR (TURMERIC AND ANNATTO EXTRACTS), FLOUR (ENRICHED BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, POTASSIUM BROMATE, THAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID), SALT, BLACK PEPPER

ILYSSA MFG.
57 COMMERCE STREET
BROOKLYN, NY 11231

OPENING + 2 DAYS NEVER TO EXCEED SELL BY DATE

SELL BY AUG 20 2005 | NET WT 12 PCS | KEEP REFRIGERATED

CUBAN STALLION WRAPINI

INGREDIENTS: TORTILLA (WATER, WHEAT GLUTEN, CORN STARCH, WHOLE WHEAT FLOUR, OAT FIBER, ISOLATED SOY PROTEIN, SOY FLOUR, SOY OIL, SESAME FLOUR, SALT, SODIUM ACID PYROPHOSPHATE, DEXTROSE, SODIUM BICARBONATE, FUMARIC ACID, CALCIUM PROPIONATE, POTASSIUM SORBATE MONOGLYCERIDES, SUCRALOSE, SODIUM METABISULFITE) PORK, SAUCE(TOMATO CONCENTRATE (WATER, TOMATO PASTE), CORN SYRUP, SOYBEAN OIL, WHITE VINEGAR, BROWN SUGAR, ORANGE JUICE, MUSTARD, CARAMEL COLORING, SALT, ONION POWDER, SPICE, NATURAL FLAVORE), CHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES, POWDERED CELLULOSE, ANNATTO)

ILYSSA MFG.
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BROOKLYN, NY 11231

SELL BY AUG 22 2005 | NET WT 8 PCS. | KEEP REFRIGERATED

BBQ TURKEY BURGERS

INGREDIENTS: GROUND TURKEY MEAT, JAPANESE BREADCRUMBS, WATER, EGGS, GRANULATED GARLIC, DRIED PARSLEY, DEHYDRATED CHOPPED ONIONS, LEMON JUICE, GRATED PECORINO ROMANO CHEESE, CHICKEN BASE (CHICKEN MEAT INCLUDING NATURAL CHICKEN JUICES, SALT, CHICKEN FA, SUGAR, HYDROLYZED (WHEAT AND CORN GLUTEN, SOY) PROTEIN, DRIED WHEY, MALTODEXTRIN, NATURAL FLAVORING, YEAST EXTRACT, PARTIALLY HYDROGENATED COTTON SEED OIL, CORN OIL, DISODIUM INOSINATE/DISODIUM GUANYLATE, CALCIUM LACTATE, LACTIC ACID, DEXTROSE, AND VEGETABLE COLOR (TURMERIC AND ANNATTO EXTRACTS), FLOUR (ENRICHED BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, POTASSIUM BROMATE, THAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID), SALT, BLACK PEPPER, SAUCE (TOMATO CONCENTRATE (WATER TOMATO PASTE), CORN SYRUP, SOYBEAN OIL, WHITE VINEGAR, BROWN SUGAR, ORANGE JUICE MUSTARD, CARAMEL COLORING, SALT, ONION POWDER, SPICE, NATURAL FLAVORS)

ILYSSA MFG.
57 COMMERCE STREET
BROOKLYN, NY 11231

OPENING + 2 DAYS NEVER TO EXCEED SELL BY DATE

SELL BY AUG 20 2005 | NET WT. 10 PCS | KEEP REFRIGERATED

ASIAN DRAGON WRAPINI

INGREDIENTS: SUNDRIED TOMATO TORTILLA (UNBLEACHED ENRICHED WHEAT FLOUR (NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, VEGETABLE SHORTENING(PARITALLY HYDROGENATED SOYBEAN AND/OR COTTONSEED OILS), MONO & DIGLYCERIDES, POLYSORBATE), OAT FIBER, SALT, DEXTROSE, CORN STARCH, PAPRIKA EXTRACT, SPICES, TOMATO FLAVOR, NATURAL FLAVOR, ONION POWDER, SILICON DIOXIDE, CONTAINS 1% OR LESS OF THE FOLLOWING: INACTIVE YEAST, FUMARIC ACID, SUGAR, BAKING POWDER (SODIUM BICARBONATE, SODIUM ALUMINUM SULFATE, CALCIUM CARBONATE, CORN STARCH MONOCALCIUM PHOSPHATE), CELLULOSE GUM, MALTODEXTRIN, CARRAGEENAN, CALCIUM PROPIONATE, POTASSIUM SORBATE AS PRESERVATIVES, LCYSTEINE, ASCORBIC ACID) CHICKEN, (WATER, ISOLATED SOY PROTEIN, SALT), SOY SAUCE(WATER, WHEAT, SOYBEANS, SALT, SODIUM BENZOATE), BROWN SUGAR) SAUCE(NATURALLY BREWED SOY SAUCE, (WATER, WHEAT, SOYBEANS, SALT)), SUGAR, WATER, MODIFIED FOOD STARCH, ONION JUICE, VINEGAR, NATURAL FLAVOR, GARLIC POWDER, MALIC ACID, SPICE, DISODIUM INOSINATE, DISODIUM GUANYLATE SODIUM BENZOATE; LESS THAT 1/10 OF 1% AS A PRESERATIVE), MAYONNAISE (SOYBEAN OIL, WATER, EGGS, VINEGAR, SALT, LEMON JUICE, NATURAL FLAVORS, CALCIUM, EDTA), MONTEREY JACK CHEESE(PASTURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, CALCIUM CHLORIDE), CARROTS

ILYSSA MFG.
57 COMMERCE STREET
BROOKLYN, NY 11231

SELL BY AUG 21 2005 | NET WT. 8 PCS | KEEP REFRIGERATED

THE STATEN ITALY WRAPINI

INGREDIENTS: TORTILLA (ENRICHED BLEACHED WHEAT FLOUR (WHEAT FLOUR NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, VEGETABLE SHORTENING(PARITALLY HYDROGENATED SOYBEAN AND/OR COTTONSEED OILS), CONTAINS LESS THAN 2% OF THE FOLLOWING: WHEAT GLUTEN, SEASONING (SPINACH POWDER, ONION, SPICES, GARLIC, SOYBEAN OIL, ARTIFICIAL COLORS (FD&C YELLOW #5 AND FD&C BLUE #1)), SALT, LEVENING (BAKING SODA, SODIUM ALUMINUM SULFATE, CORN STARCH, MONOCALCIUM PHOSPHATE AND/OR SODIUM ACID PYROPHOSPHATE, CALCIUM SULFATE) DOUGH CONDITIONS (FUMARIC ACID, SODIUM METABISULFITE AND/OR L-CYSTEINE), CALCIUM PROPIONATE AND SORBIC ACID (TO PRESERVE FRESHNESS), CHICKEN (WATER, ISOLATED SOY PROTEIN, SALT), EGGPLANT, SEASONED BREADCRUMBS (BLEACHED WHEAT FLOUR, DEXTROSE, YEAST, SALT, ROMANO CHEESE (PASTEURIZED SHEEPS MILK, RENNET, SALT) GARLIC, WHITE PEPPER), MARINARA SAUCE (CRUSHED TOMATOES, TOMATO PASTE, SOYBEAN OIL, WATER, ONIONS, GARLIC, BASIL, OREGANO, SUGAR, SALT, PEPPER), MOZZARELLA CHEESE (PASTEURIZED CULTURED MILK, ENZYMES, SALT)

ILYSSA MFG.
57 COMMERCE STREET
BROOKLYN, NY 11231

SELL BY AUG 22 2005 | NET WT. 8 PCS. | KEEP REFRIGERATED

GRILLED BONELESS BREAST OF CHICKEN IN A TERIYAKI STYLE SAUCE

INGREDIENTS: Boneless Breast of Chicken, (Water, Isolated Soy Protein, Soy Sauce, White Wine, Sesame Oil, Honey, Brown Sugar, Modified Food Starch, Garlic Onion Powder, Ginger Powder, Sesame Seeds.)

ILYSSA MFG.
57 COMMERCE STREET
BROOKLYN, NY 11231

SELL BY AUG 20 2005 | NET WT 5.00 LB | KEEP REFRIGERATED

THE SICILIAN POPEYE WRAPINI

INGREDIENTS: TORTILLA (BLEACHED ENRICHED WHEAT FLOUR (FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OILS, WITH MONO AND DIGLYCERIDES, CONTAINS 1.9% OR LESS OF THE FOLLOWING: SALT, BAKING POWDER(SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORN STARCH, MONOCALCIUM PHOSPHATE), FUMARIC ACID, SODIUM BICARBONATE, DOUGH CONDITIONER (WHEAT FLOUR, CALCIUM SULFATE, SORBIC ACID), PRESERVATIVE(SODIUM PROPIONATE AND POTASSIUM SORBATE)), CHICKEN BREAST (WATER, ISOLATED SOY PROTEIN, SALT), PROVOLONE CHEESE(PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), SPINACH (SOYBEAN OIL, GARLIC, SALT, PEPPER) OREGANO, SALT, OIL

ILYSSA MFG.
57 COMMERCE STREET
BROOKLYN, NY 11231

SELL BY AUG 22 2005 | NET WT. 8 PCS | KEEP REFRIGERATED

TANDOORI GRILLED CHICKEN

INGREDIENTS: BONLESS CHICKEN BREAST,(WATER, ISOLATED SOY PROTEIN, SALT), YOGURT (CULTURED PASTEURIZED GRADE A REDUCED FAT MILK, CONCENTRATED SKIM MILK), ARTIFICIAL COLORING (RED #40), ONION, GINGER, GARLIC SALT, SPICES

ILYSSA MFG.
57 COMMERCE STREET
BROOKLYN, NY 11231

SELL BY AUG 7, 2005 | NET WT. 4.00 LB | KEEP REFRIGERATED

GRILLED CHICKEN, TORTELLINI & SUNDRIED TOMATOES

INGREDIENTS:CHEESE TORTELLINI: DOUGH (ENRICHED DURUM FLOUR, NIACIN, FERROUS SULFATE, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID, WATER, EGGS, FILLING : RICOTTA (WHEY, PASTEURIZED WHOLE MILK, SKIM MILK, SALT), POTATO FLAKES (DEHYDRATED POTATO, MONO AND DIGLYCERIDES), PARMESAN CHEESE(PART SKIM MILK, CHEESE CULTURES, SALT, ENZYMES), ROMANO CHEESE (PASTEURIZED SHEEP'S MILK, CHEESE CULTURES, SALT), BREADCRUMBS (BLEACHED FLOUR, GARLIC POWDER, SALT, SPICES) GRILLED CHICKEN BREAST (CHICKEN BREAST, WATER, ISOLATED SOY PROTEIN, SALT), SUNDRIED TOMATOES, SOYBEAN OIL, SALT, PARSLEY, OREGANO, BASIL

ILYSSA MFG.
57 COMMERCE STREET
BROOKLYN, NY 11231

SELL BY AUG 19, 2005 | NET WT. 5.00 LB | KEEP REFRIGERATED

BBQ PULLED PORK

INGREDIENTS: Pork, Sauce(Tomato Concentrate (Water and Tomato Paste), Corn Syrup, Soy Bean Oil, White Vinegar, Brown Sugar, Orange Juice, Mustard, Caramel Coloring, Salt, Onion Powder, Spice and Natural Flavors.), Diced Red Peppers

ILYSSA MFG.
57 COMMERCE STREET
BROOKLYN, NY 11231

SELL BY JULY 25 2005 | NET WT. 4.00 LB | KEEP REFRIGERATED

GRILLED CHICKEN STRIPS

INGREDIENTS: CHICKEN BREAST (WATER, ISOLATED SOY PROTEIN, SALT)

ILYSSA MFG.
57 COMMERCE STREET
BROOKLYN, NY 11231

SELL BY AUG 19, 2005 | NET WT. 4.50 LB | KEEP REFRIGERATED

GRILLED CHICKEN, TORTELLINI & ROASTED RED PEPPERS

INGREDIENTS:TORTELLINI PASTA (ENRICHED DURUM FLOUR(DURUM FLOUR, NIACIN, FERROUS SULFATE, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, RICOTTA CHEESE(PASTEURIZED WHOLE MILK, SKIM MILK, WHEY, VINEGAR, SALT), POTATO FLAKES(DEHYDRATED POTATO, MONO AND DIGLYCERIDES), PARMESAN CHEESE(PART SKIM MILK, SALT, CHEESE CULTURES, ENZYMES), ASIAGO CHEESE(PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), FONTINA CHEESE(PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), EGGS, SALT, SPICES), GRILLED CHICKEN BREAST (CHICKEN BREAST, WATER, ISOLATED SOY PROTEIN, SALT), ROASTED RED PEPPERS, SOYBEAN OIL, SPICES, SALT

ILYSSA MFG.
57 COMMERCE STREET
BROOKLYN NY 11231

SELL BY JULY 31 2005 | NET WT. 5.00 LB | KEEP REFRIGERATED

SAFFRON ORZO CHICKEN SALAD

INGREDIENTS: ORZO (DURUM FLOUR, NIACIN, FERROUS SULPHATE, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), RED KIDNEY BEANS, BLACK BEANS, PLUM TOMATO, CHICKEN BREAST(WATER, ISOLATED SOY PROTEIN, SALT), SOYBEAN OIL, BALSAMIC VINEGAR, GARLIC, WHITE VINEGAR, SALT, TURMERIC, SPICES, BLACK PEPPER

ILYSSA MFG.
57 COMMERCE STREET
BROOKLYN, NY 11231

SELL BY AUG 31 2005 | NET WT. 5.00 LB | KEEP REFRIGERATED

SOUTHWEST CHICKEN SALAD

INGREDIENTS: BLACK BEANS, CORN, RED PEPPER GREEN PEPPER, RED ONION, TOMATO, CHICKEN BREAST (WATER, ISOLATED SOY PROTEIN, SALT), SOYBEAN OIL, DISTILLED WHITE VINEGAR, SALT, BLACK PEPPER, SPICES

ILYSSA MFG.
57 COMMERCE STREET
BROOKLYN, NY 11231

SELL BY AUG 18, 2005 | NET WT. 5.00 LB | KEEP REFRIGERATED

GOURMET GARAGE
"TO GO"
SPA SELECT
GRILLED CHICKEN STRIPS WITH APPLES & VEGETABLES
A OIL FREE SALAD OF CHICKEN BREAST, VEGETABLES AND APPLES
$ 5.99 EA
NET WT. 10 oz. (283g)
KEEP REFRIGERATED
INGREDIENTS: GRILLED CHICKEN BREAST(BONELESS BREAST OF CHICKEN, WATER, SOYBEAN OIL LEMON JUICE, ISOLATED SOY PROTEIN, SALT), ORANGE JUICE RED PEPPER, GREEN PEPPER, RED ONION, CARROTS, FENNEL GREEN APPLE, SALT, PEPPER
Nutrition Facts
Serving Size 4 oz. (113g)
Servings Per Container 2.5
Amount Per Serving
Calories 180 Calories from fat 20
% Daily Value
Total Fat 2g 3%
Saturated Fat 1.5g 8%
Cholesterol 50mg 17%
Sodium 310mg 13%
Total Carbohydrate 0g 0%
Dietary Fiber 0g 0%
Sugars 0g
Protein 20g
Vitamin A 1% • Vitamin C 6%
Calcium 2% • Iron 0%
Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

GOURMET GARAGE
"TO GO"
TORTELLINI & CHICKEN
BLENDED WITH SUNDRIED TOMATOES, SOYBEAN OIL & FRESH HERBS
$ 5.99 EA
NET WT. 10 oz. (283g)
KEEP REFRIGERATED
INGREDIENTS: TORTELLINI PASTA (ENRICHED DURUM FLOUR[DURUM FLOUR, NIACIN, FERROUS SULFATE, THIAMIN MONONITRATE, RIBOFLAVIN FOLIC ACID], WATER, RICOTTA CHEESE[PASTEURIZED WHOLE MILK SKIM MILK, WHEY, VINEGAR, SALT], POTATO FLAKES[DENYDRATED POTATO, MONO AND DIGLYCERIDES], PARMESAN CHEESE[PART SKIM MILK, SALT, CHEESE CULTURES, ENZYMES], ASIAGO CHEESE[PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES], FONTINA CHEESE[PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES], EGGS, SALT, SPICES), GRILLED CHICKEN BREAST (CHICKEN BREAST, WATER, ISOLATED SOY PROTEIN, SALT) SUNDRIED
Nutrition Facts
Serving Size 4 oz. (113g)
Servings Per Container 2.5
Amount Per Serving
Calories 320 Calories from fat 120
% Daily Value
Total Fat 12g 18%
Saturated Fat 3g 16%
Cholesterol 47mg 16%
Sodium 280mg 12%
Total Carbohydrate 28g 9%
Dietary Fiber 4g 16%
Sugars 2g
Protein 19g
Vitamin A 3% • Vitamin C 13%
Calcium 17% • Iron 13%
Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

GOURMET GARAGE
"TO GO"
TURKEY MEATBALLS
IN MARINARA SAUCE
GROUND TURKEY BLENDED WITH ITALIAN SEASONING AND ROMANO CHEESE WITH HOME MADE MARINARA SAUCE
$ 5.99 EA
NET WT. 12 oz. (339g)
KEEP REFRIGERATED
INGREDIENTS: TURKEY, MARINARA SAUCE (TOMATOES, SOYBEAN OIL, GARLIC, WATER ONION, SALT, SUGAR, OREGANO, BASIL), BREADCRUMBS, EGG, ROMANO CHEESE, GARLIC, SALT, BLACK PEPPER
Nutrition Facts
Serving Size 4 oz. (113g)
Servings Per Container 3
Amount Per Serving
Calories 280 Calories from fat 120
% Daily Value
Total Fat 14g 21%
Saturated Fat 7g 35%
Cholesterol 90mg 27%
Sodium 320mg 13%
Total Carbohydrate 10g 3%
Dietary Fiber 1g 8%
Sugars 2g
Protein 10g
Vitamin A 6% • Vitamin C 6%
Calcium 16% • Iron 16%
Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

GOURMET GARAGE®

"TO GO"

TURKEY MEATLOAF

GROUND TURKEY SEASONED AND BLENDED WITH MIXED VEGETABLES THEN BAKED IN A RED SAUCE

$ 5.99 EA

NET WT. 12 oz. (339g)
KEEP REFRIGERATED

INGREDIENTS: GROUND TURKEY, BREADCRUMBS (MODIFIED WHEAT STARCH, VITAL WHEAT GLUTEN, SOYBEAN OIL, DEXTROSE, DRIED YEAST, SALT, DOUGH CONDITIONERS (ASCORBIC ACID AND LACTOSE, MONOHYDROGEN ORIDE)), MARINARA SAUCE (PEELED PLUM TOMATOES, TOMATO PURÉE, EXTRA VIRGIN OLIVE OIL, SALT, GARLIC PURÉ (GARLIC, HIGH FRUCTOSE CORN SYRUP), DEHYDRATED ONIONS, CARROT PURÉE, SPICES, SUGAR AND ASCORBIC ACID (VITAMIN C)), EGGS, ONIONS, SALT, ZUCCHINI, YELLOW SQUASH, GREEN PEPPERS, RED PEPPERS.

GOURMET GARAGE®

"TO GO"

CHICKEN PAELLA WITH ORZO

GRILLED CHICKEN WITH SAFFRON SCENTED ORZO, BEANS & VEGETABLES

$ 5.49 EA

NET WT. 12 oz. (339g)
KEEP REFRIGERATED

INGREDIENTS: ORZO (DURUM FLOUR, NIACIN, FERROUS SULPHATE, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), RED KIDNEY BEANS, BLACK BEANS, PLUM TOMATO, CHICKEN BREAST (WATER, ISOLATED SOY PROTEIN, SALT), SOYBEAN OIL, BALSAMIC VINEGAR, GARLIC, WHITE VINEGAR, SALT, TURMERIC SPICES, BLACK PEPPER

GOURMET GARAGE®

"TO GO"

CHICKEN PARMESAN

OUR BREADED CHICKEN CUTLET BAKED WITH MARINARA SAUCE AND TOPPED WITH PECORINO ROMANO AND MOZZARELLA CHEESE

$ 5.99 EA

NET WT. 10 oz. (283g)
KEEP REFRIGERATED

INGREDIENTS: CHICKEN BREAST (BONELESS CHICKEN BREAST, WATER, ISOLATED SOY PROTEIN, SALT), BREADCRUMBS (WHEAT FLOUR, YEAST, DEXTROSE), PECORINO ROMANO CHEESE (PASTEURIZED SHEEP'S MILK, RENNET, SALT), PEPPER, MARINARA SAUCE (TOMATOES, SOYBEAN OIL, GARLIC, WATER, ONION, SALT, SUGAR, OREGANO, BASIL), MOZZARELLA CHEESE (PASTEURIZED CULTURED MILK, ENZYMES, SALT)

GOURMET GARAGE®

"TO GO"

GRILLED CHICKEN STRIPS

SLICED GRILLED CHICKEN BREAST, PERFECT FOR A SALAD OR JUST ADD YOUR FAVORITE SIDE DISH FOR A GREAT MEAL

$ 7.99 EA

NET WT. 12 oz. (339g)
KEEP REFRIGERATED

INGREDIENTS: CHICKEN BREAST
BONELESS CHICKEN BREAST,
WATER, ISOLATED SOY PROTEIN
SALT)

GOURMET GARAGE®

"TO GO"

BALSAMIC GRILLED CHICKEN

MARINATED IN SOYBEAN OIL, BALSAMIC VINEGAR AND FRESH HERBS

$ 6.99 EA

NET WT. 7 oz. (198g)
KEEP REFRIGERATED

INGREDIENTS: BONELESS
CHICKEN BREAST (WATER,
ISOLATED SOY PROTEIN, SALT)
SOYBEAN OIL, BALSAMIC
VINEGAR, ROSEMARY

GOURMET GARAGE®

"TO GO"

BEEF MEATBALLS

IN MARINARA SAUCE

A BLEND OF CHOPPED MEAT AND TRADITIONAL ITALIAN SEASONINGS, ROMANO CHEESE AND HOME MADE MARINARA SAUCE

$ 5.99 EA

NET WT. 12 oz. (339g)
KEEP REFRIGERATED

INGREDIENTS: CHOP MEAT
GROUND BEEF, EGG,
BREADCRUMBS, GARLIC,
PECORINO ROMANO, SALT,
PEPPER), MARINARA
SAUCE (TOMATOES, SOYBEAN OIL
GARLIC, WATER, ONION, SALT
SUGAR, OREGANO, BASIL)

GOURMET GARAGE®

"TO GO"

BEEF MEATLOAF

LEAN CHOPPED BEEF SEASONED AND BAKED TO PERFECTION

$ 5.99 EA

NET WT. 12 oz. (339g)
KEEP REFRIDGERATED

INGRIDENTS: CHOP MEAT(GROUND BEEF, EGG, BREADCRUMBS, GARLIC, PECORINO ROMANO, SALT, PEPPER), GRAVY

GOURMET GARAGE®

"TO GO"
LEMON GRILLED CHICKEN

GRILLED BREAST OF CHICKEN WITH A LEMON PEPPER OIL DRESSING, GREAT FOR ANY MEAL

$ 6.99 EA

NET WT. 7 oz. (198g)
KEEP REFRIGERATED

INGREDIENTS: CHICKEN BREAST WATER, ISOLATED SOY PROTEIN, SALT), LEMON, WATER, SOYBEAN OIL, BLACK PEPPER

GOURMET GARAGE®

"TO GO"
MEAT LASAGNA

LAYERS OF PASTA, MOZZARELLA CHEESE, MARINARA SAUCE AND SEASONED GROUND BEEF

$ 5.99 EA

NET WT. 12 oz. (339g)
KEEP REFRIDGERATED

INGRIDENTS: GROUND BEEF, MARINARA SAUCE (TOMATOES, WATER, TOMATO PASTE, ONIONS, GARLIC, SOYBEAN OIL, BASIL, OREGANO, SALT, PEPPER), PASTA (DURUM FLOUR, NIACIN, FERROUS SULFATE, THAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID) MOZZARELLA CHEESE (MILK, CHEESE CULTURES, SALT, RENNER) PECORINO ROMANO (PASTEURIZED SHEEP'S MILK CHEESE CULTURES, SALT)

GOURMET GARAGE®

"TO GO" SESAME CHICKEN NOODLE

OUR SESAME GRILLED CHICKEN TOSSED WITH ASIAN NOODLES AND TOPPED WITH SNOWPEAS AND TOASTED SESAME SEEDS

$ 4.99 EA

NET WT. 10 oz. (283g)
KEEP REFRIGERATED

INGREDIENTS: SESAME NOODLES (LINGUINI PASTA/DURUM, SEMOLINA WHEAT FLOUR; NICIAN, IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), HONEY, SESAME OIL, RED PEPPER, SOY SAUCE (WATER, WHEAT, SOYBEANS, SEA SALT), CARROTS, SCALLIONS, SNOW PEAS, SESAME SEEDS), GRILLED CHICKEN (CHICKEN BREAST, WATER, SOYBEAN OIL, TOMATO PASTE, WHITE VINEGAR, BALSAMIC VINEGAR [CONTAINS SULFITES], ANISE SEED, DRIED PARSLEY, BASIL, OREGANO, BLACK PEPPER, SALT, CRUSHED RED PEPPER)