BERTOLLI

MEATBALLS POMODORO & PENNE

with peppers and onions in a tomato basil sauce

Complete Skillet Meal for Two

83021479

FOR FOOD SAFETY AND QUALITY, FOLLOW THESE COOKING DIRECTIONS

STOVETOP PREPARATION RECOMMENDED

COOKS IN 10 MINUTES

1. Pour contents of bag into 12-inch nonstick skillet.
2. Cover and cook over medium heat 10 minutes or until meatballs are heated through and pasta and sauce are piping hot, stirring once halfway through. Remove from heat and let stand covered 5 minutes. Toss and serve.

MICROWAVE DIRECTIONS

Pour contents of bag into 2-quart microwave-safe casserole. Microwave covered at HIGH (Full Power) 8 minutes or until meatballs are heated through and pasta and sauce are piping hot, stirring once halfway through. Let stand covered 5 minutes. Stir and serve.

MICROWAVE OVENS VARY; ADJUST TIMES AS NEEDED.
CASSEROLE MAY BE HOT AFTER MICROWAVING.
DO NOT MICROWAVE IN BAG.
KEEP FROZEN UNTIL READY TO USE.
REFRIGERATE OR DISCARD LEFTOVERS.
DO NOT REFREEZE.

Unilever

Nutrition Facts

Serving Size 1/2 package (340g)
Servings Per Container 2

Amount Per Serving	
Calories 600	Fat Calories 280
	% Daily Value*
Total Fat 31g	**48%**
Saturated Fat 8g	**40%**
Trans Fat 0g	
Cholesterol 50mg	**17%**
Sodium 1370mg	**57%**
Total Carbohydrate 54g	**18%**
Dietary Fiber 6g	**24%**
Sugars 8g	
Protein 27g	

Vitamin A 25% • Vitamin C 20%
Calcium 15% • Iron 20%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	less than		65g	80g
Sat. Fat	less than		20g	25g
Cholesterol	less than		300mg	300mg
Sodium	less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

INGREDIENTS: COOKED PENNE PASTA (DURUM WHEAT SEMOLINA, WATER, SOYBEAN OIL, SALT), CRUSHED TOMATOES IN PUREE, COOKED MEATBALLS (PORK, BEEF, WATER, TEXTURED SOY FLOUR, ITALIAN STYLE BREADCRUMBS (BLEACHED WHEAT FLOUR, SALT, PARTIALLY HYDROGENIED SOYBEAN AND COTTONSEED OIL WITH MONO AND DIGLYCERIDES, LEAVENING (SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE, AMMONIUM BICARBONATE), SPICES, DEXTROSE, YELLOW CORN FLOUR, DEHYDRATED ROMANO CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), DISODIUM PHOSPHATE, LACTIC ACID), DEHYDRATED CHEESE POWDER (CHEESE (MILK, SALT, CHEESE CULTURES, ENZYMES), DISODIUM PHOSPHATE), GARLIC POWDER, ONION POWDER, DEHYDRATED PARSLEY, NONFAT DRIED MILK, COLORED WITH OLEORESINS (PAPRIKA AND TURMERIC), ROMANO CHEESE (SHEEP'S MILK, CHEESE CULTURE, SALT, ENZYMES), FLAVORING, SEASONING (SALT, PAPRIKA, SPICES, SUGAR, DEHYDRATED GARLIC), SALT, PARSLEY), ONIONS, CANOLA OIL, TOMATOES, RED BELL PEPPERS, GARLIC, TOMATO PASTE, CHICKEN BROTH, PARMESAN CHEESE (MILK, CULTURE, SALT, ENZYMES), BASIL, RED WINE, WATER, SALT, SPICES.

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